

## Day 7

### Learn From Yesterday

- 1) Confess & Turn -
- 2) Learn -

- 3) Adjust -

### Write Out Memory Verse Daily -

### Read - Listen / Apply / Change - Proverbs 7

What is GOD SAYING to me in this chapter?

What steps can I take to APPLY this in my life?

If applied, what will the RESULTS eventually be in my life?

### Purity Principle / Quote / Thought / Prayer

Over the last seven days you have read about a father who begs his son over and over again to listen to him. **In fact he pleads with his son over 30** times saying things like 1) Listen, my son, to your father's instructions 2) My son, accept my words 3) My son, store up my commands within your heart 4) My son, do not forget my teachings 5) My son, pay attention to my wisdom 6) My son, fasten my teachings around your neck 7) My son, keep my words. Wow! God, our Father, really wants us, His sons, to get the value of His Words... so much that he repeats it over 30 times in seven chapters!!

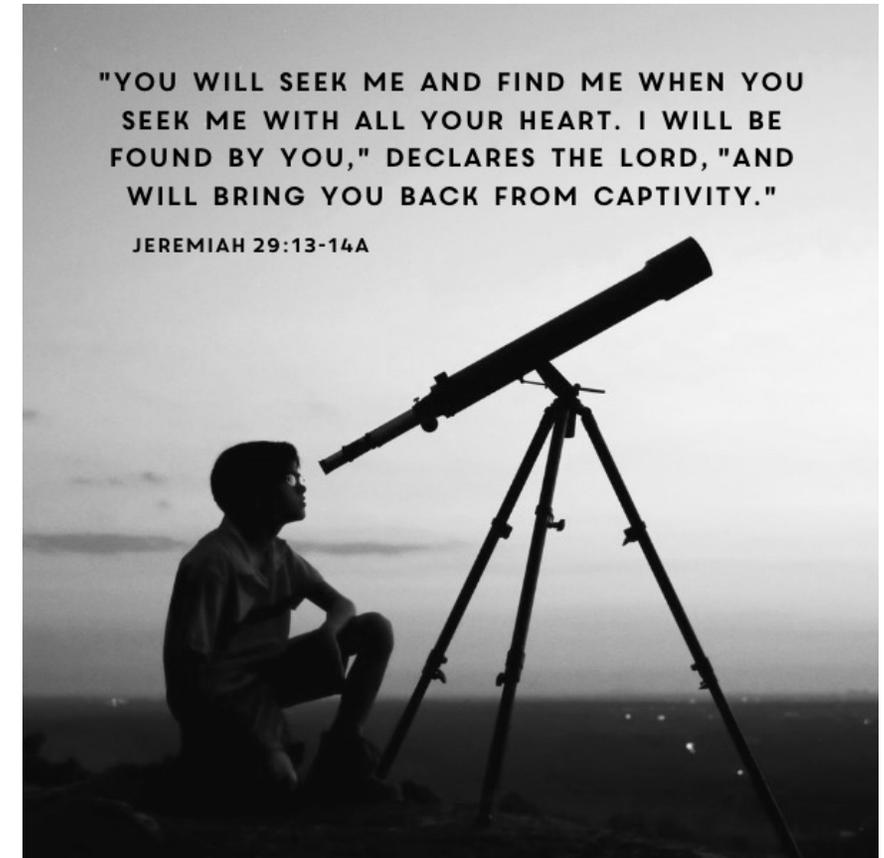
These chapters teach us that wisdom is found in God's Word. Wisdom that promises to keep us from the adulteress, wayward wives, prostitutes, the temptation of women's seductive words, and probably porn if they had it back then. Our goal is to be full of God's wisdom from reading the Word. We know God's Word, spending time with Him, trials and suffering are the source of most spiritual transformation. **Is there a reason you would not want to work on your SPIRITUAL TRANSFORMATION?**

### 5 Minutes with God - Talk / Listen / Journal

Ask God what HE wants you to get out of this week in Proverbs. Write down what He said...

1 4

# Seek Him...



## With All Your Heart

## Week 2

## Day 1

### Learn From Yesterday

1 4

- 1) Prayerfully Confess & Turn from your wrongs from yesterday.
- 2) If applicable, identify a LIE you believed or a FEELING you were trying to satisfy. What is the truth? What can you learn from it?

3) What adjustments or action steps can you take in order to not repeat the same mistakes?

### Write Out Memory Verse Daily - Proverbs 2:12-13

### Read - Listen / Apply / Change - Proverbs 1

What is GOD SAYING to me in this chapter?

What steps can I take to APPLY this in my life?

If applied, what will the RESULTS eventually be in my life?

### Purity Principle / Quote / Thought / Prayer

It's been said most people feel like failures in their Christian lives because, "**They give up what they want most for what they want in the moment.**" In THE MOMENT is where life is decided. The choices you make in the moment are important for all aspects of life, but for an addict, the choices made in the moment are **critical in his recovery**.

Proverbs 1:7,29, 33 talks about the FEAR of God being the beginning of knowledge and that following WISDOM brings a PEACEful life. Wisdom is knowing what to do and doing it.

All through this chapter it tells us that we will have **CHOICES** to make for the rest of our lives. What will your CHOICES be based on? Will you be prepared in THE **MOMENT** to make the right one? Knowing the Word of God is the #1 way to make **right choices**. The last question is, "**Will you listen to WISDOM?**"

### 5 Minutes with God - Talk / Listen / Journal

Talk to HIM about your willingness to listen to HIM in **the moment**. Ask Him for His help? What did HE say?

## Day 6

### Keep Short Account

1 4

- 1) Prayerfully Confess & Turn from your wrongs from yesterday...
- 2) If applicable, identify a LIE you believed or a FEELING you were trying to satisfy. What is the truth? What can you learn from it?

3) What adjustments or action steps can you take in order to not repeat the same mistakes

### Write Out Memory Verse Daily -

### Read, Hear, Reflect, Apply, Change - Proverbs 6

What is GOD SAYING to me in this verse?

What steps can I take to APPLY this in my life?

What will the RESULTS eventually be to my life if I applied?

### Purity Principle / Quote / Thought / Prayer

A famous success quote says, "**Champions are made when no one is looking!**" Who you are and what you will become is largely determined by the choices you make when you're all alone. **These alone times reveal** what is really going on inside of us. They show us character qualities that may be hard to see any other way except when you're alone. You will stand before God someday. What do you want to hear Him say about your "**alone times**"? What do you want Him to say about **how you spent your time on earth**?

### 5 Minutes with God - Talk / Listen / Journal

There are "7 things that God says **HE HATES** in v16-19: 1) prideful eyes 2) a lying tongue 3) murder 4) a heart that plans wicked schemes 5) feet that rush into evil 6) a witness who lies 7) a man who causes dissension among the brothers! List below the ones you need to discuss with God. Confess & Turn / Learn / Adjust...

**God says His commands are the way to life.** Describe what He is saying to you after you reread V20-24.

## Day 5

### Confess & Turn / Learn / Adjust

1 4

### Write Out Memory Verse Daily -

### Read - Listen / Apply / Change - Proverbs 5

What is GOD SAYING to me in this Chapter?

What steps can I take to APPLY this in my life?

If applied, what will the RESULTS eventually be in my life?

### Purity Principle / Quote / Thought / Prayer

**God tells us today to “Stay far away from paths”** that lead us by temptations in V8. He tells us **“all our ways are seen by Him”** in V21. These are two critical principles to keep at the forefront of your brain. Avoid temptation and realize the Judge of the world, your Judge, holds your very life in His hands. **He sees sees your behavior, constantly!** Would sin in front of your wife or your pastor? Well, you ARE doing it right in front of someone... the Creator of the World. Does this shake you to the depths of your soul? It should! Do you have a healthy FEAR of God? This may be part of your challenge.

2Timothy 2:22 says to flee evil and pursue 1) righteousness 2) faith 3) love 4) and peace. This is a **two-pronged truth!** You will only be successful in fleeing sexual sin if you're doing the second prong of this scripture. You MUST flee and then pursue GOD. List below how you will pursue these “4” things when temptation is knocking (and before it knocks)!!

1) Righteousness -

2) Faith -

3) Love -

4) Peace -

### 5 Minutes with God - Talk / Listen / Journal

Ask Him what “1” thing He wants you to walk away with today? These Proverbs are like drinking from a firehose.

## Day 2

### Confess & Turn / Learn / Adjust

1 4

Write down what you can learn and adjust in your life from your confession. The 1&4 are to circle how you chose to live yesterday. If you WON (“1”) the day for Jesus or you lived it FOUR (4) yourself.

### Write Out Memory Verse Daily - Proverbs 2:12-13

### Read - Listen / Apply / Change - Proverbs 2

What is GOD SAYING to me in this Chapter?

What steps can I take to APPLY this in my life?

If applied, what will the RESULTS eventually be in my life?

### Purity Principle / Quote / Thought / Prayer

Hebrews 12:1 clearly tells us that we must “get rid of” whatever is causing you to sin! Matthew 5:27-30 says basically the same thing. Cut it off! Gouge it out! In other words, do whatever it takes to live a life that is aimed at being pure and holy.

**What do you need to get rid of?** TV? Internet? A Relationship? Social media? Certain Movies? Places you go? This is called Guillotine Theology. Taking these things to the GUILLOTINE is part of the Freedom Process.

**Don't buy into the LIE** that you should be strong enough in the Lord to stare sin in the face and defeat it. Scripture teaches us to run! Flee evil desires! When you face temptation, will you run from it or will you try to reason with it? Argue with it, or **flee from it?** Listen to God's counsel and you will soon be free from your chains!

### 5 Minutes with God - Talk / Listen / Journal

Ask God if there's anything you need to get RID OF. Write down what he tells you below...

## Day 3

### Confess & Turn / Learn / Adjust... Don't forget the 1&4

1 4

Write down what you learned from yesterday and the adjustment you will make.

### Write Out Memory Verse Daily -

### Read - Listen / Apply / Change - Proverbs 3

What is GOD SAYING to me in this chapter?

What steps can I take to APPLY this in my life?

If applied, what will the RESULTS eventually be in my life?

### Purity Principle / Quote / Thought / Prayer

A healthy FEAR of the Lord is the beginning of knowledge not the end or the all in all. **As we grow in** God, it is our **LOVE for HIM** that ultimately is our motivation for how we live for HIM because **“Love never fails.”** Never! How do you live out the verse below?

**“Let love and faithfulness never leave you; bind them around your neck, write them on the tablet of your heart. 4 Then you will win favor and a good name in the sight of God and man.**

Write down how this verse will change the way you live.

Why do you think LOVE is a better motivator than FEAR?

### 5 Minutes with God - Talk / Listen / Journal

Ask God if you fully TRUST Him and if you LOVE Him with all your heart? Have you gained WISDOM? Write your thoughts below:

## Day 4

### Confess & Turn / Learn / Adjust

1 4

Don't skip this section or your big toe may fall off...Lol

### Write Out Memory Verse Daily -

### Read - Listen / Apply / Change - Proverbs 4

What is GOD SAYING to me in this chapter?

What steps can I take to APPLY this in my life?

If applied, what will the RESULTS eventually be in my life?

### Purity Principle / Quote / Thought / Prayer

Live life... **“One Day at a Time.”** If you try to imagine being pure for your entire life, it may seem impossible. Making right choices and overcoming temptation for **“one day”** is much more feasible! Everyday remind yourself that just for “this one day” you will choose to follow the Holy Spirit's way of escape.

It is a great idea to **“call someone daily”** if you continue to stay bound by the chains of addictive sin more than 90 days after your initial disclosure. Continue to do this until you get a long period of traction in your quest for sexual purity. I would never have achieved the 20-year sobriety mark without practicing this principle in my first year of recovery. Daily I would commit to my accountability guys that **“I would make it through the next 24 hours without acting out.”** It made the difference!

### 5 Minutes with God - Talk / Listen / Journal

God commands us to keep our eyes straight in front of us in Prov 4:25. In other words, don't track everything that walks by... keep your eyes fixed on HIM! Ask God how to guard your heart above everything else! Write down what HE says...