

Day #7
Walking In The Spirit

1 4

___ Confess, Repent, Learn, Adjust

Weekly POWER Passage (Write out each day)

___ Hebrews 4:13

Read Hebrews 7:1-28.....Listen and Apply

Read **PSALM 116** BEFORE ANSWERING THE QUESTIONS BELOW.

___ The purpose of the account of Melchizedek is to show the Jewish people (and us) that Jesus is greater than Abraham or the Levitical Jewish priesthood. Jesus is your High Priest and was sacrificed once for all of your sin: past, present, and future sin. Write a short note to thank the Father and Jesus for what they did about 2000 years ago for you!

___ In V25-27 we are given the assurance that Jesus can completely save us from all our sin. Do you believe you are 100% FORGIVEN? Really? How does that make you want to live for Jesus? Think about it deeply before you answer?

___ At first glance, today's reading doesn't appear to have a lot of meat to chew on but when we actually think about it, this chapter is a big piece of our FREEDOM PUZZLE. When fully grasped, our relationship with God and what HE has done for us should change us completely! How does this relationship change your other relationships, e.g., With your wife? Friends? Co-workers? Kids? Relatives?

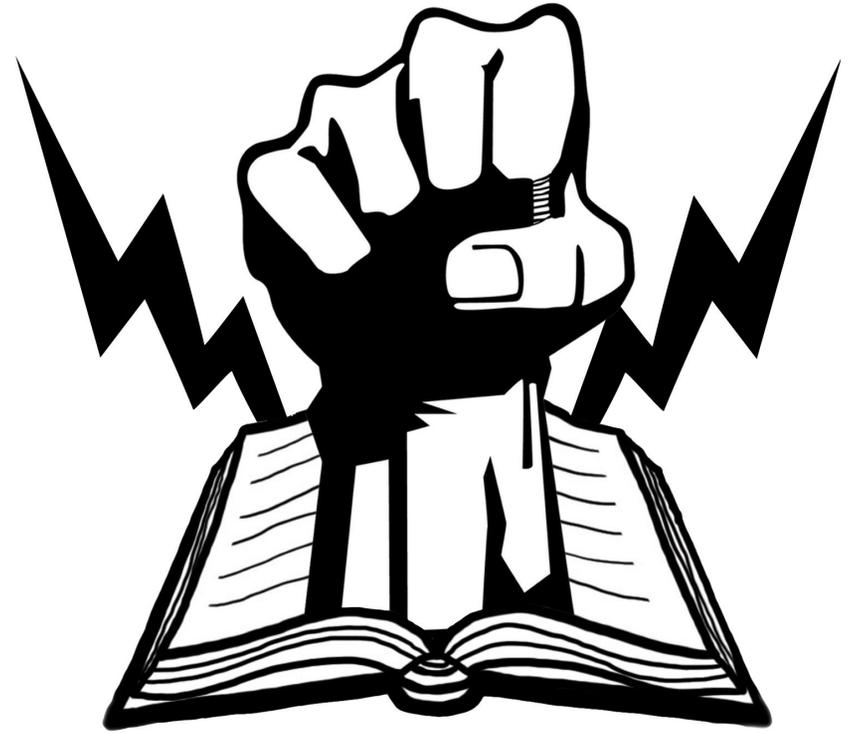
Prayer/Quote/Challenge/Principle

___ **THE CROSS**..... In the book Dark Night of the Soul, it stated, "Now that I no longer desire it all, I have it all without the desire." Billy Graham said, "Most of us know about God, but that is quite different from KNOWING GOD."

"JESUS' CRIME THAT HUNG HIM ON THAT CROSS WAS HIS LOVE FOR YOU AND I"

Prayerfully sit before Jesus now and search your heart for where you are in regards to living "THE EXCHANGED LIFE?" (GAL 2:20) How will this change how you live from this moment on?

BE STILL, REFLECT, SEEK, LISTEN - 7 1/4 minutes with God



THE WORD

THE POWER TO CHANGE YOUR LIFE!

"Do not merely listen to the Word, and so deceive yourselves. Do what it says." -James 1:22

WEEK ONE - HEBREWS

Walking In The Spirit

_ Confess, Repent, Learn, Adjust

Weekly POWER Passage (Write out each day)

_ Hebrews 1:3 The SON is the radiance of GOD'S GLORY and the exact representation of of His being, sustaining all things by His powerful WORD.

Read Hebrews 1:1-14.....Listen and Apply

_ The author of the book of Hebrews is uncertain, but it appears to have been written by someone before the destruction of the Temple in 70AD due to the references of the Old Testament sacrifices and religious ceremonies. The emphasis of the book is found in the word "BETTER" which is used 12 times. It points out that Christianity is "BETTER" than the old Judaic system under the law of Moses. Enjoy learning about the proofs that Jesus Christ is actually GOD. That FACT should change how we/you live!!

_ Today's passage at first glance may not seem to be all that life changing but it holds doctrinal and "awe-producing scripture". Reflect on the following verses.

> **Jesus, the Son, is the exact representation of God the Father** V3 -

> **Jesus sustains everything through HIS WORD** V3

> **Jesus provided purification from sin** V3

> **Jesus is superior to the angels** V4

> **Jesus laid the foundation of the Heavens and the Earth** V10

> **Jesus never changes, we can trust HIM** V12

_ Write a short note to God telling HIM of your **LOVE** and **AWE of HIM!!**

_ What is one of the purposes of angels (V14)? Do you believe it? List a time when you think JESUS may have sent an angel to minister or help you?

Prayer/Quote/Challenge/Principle

_ Think about this: Francis Chan said, "Isn't it weird that we live in a time when CHRISTIANS need to be told that we are supposed to LIVE LIKE CHRIST."

"Do you recognize the foolishness of seeking fulfillment outside of God?"

"Do you understand that it is IMPOSSIBLE to please God in any other way than wholehearted surrender?"

DO YOU CALL YOURSELF A CHRISTIAN? EVERYONE AROUND YOU SHOULD KNOW!
HOW ARE YOU GOING TO MAKE A DIFFERENCE FOR HIM?!

LISTEN TO WHAT GOD IS SAYING TO YOU AFTER DOING THIS LESSON!

Walking In The Spirit

_ Confess, Repent, Learn, Adjust

Weekly POWER Passage (Write out each day)

_ Hebrews 4:13

Read Hebrews 5:11-6:20..... Listen and Apply

_ The natural question to ask yourself after reading V5:11-6:3 is where am I in this "spiritual maturing" process? What is **the evidence** of where you are at spiritually?

_ Where are you on the "scale" in your life for each area listed below? **Reflect on each one!**

INFANT 1 _____ 5 _____ 10 MATURE

CHRISTIANITY 101 - ACCORDING TO GOD'S WORD (HEBREWS 6:1-2)

>> **RIGHTEOUSNESS** - Training yourself on how to discern right from wrong in order to make right choices based on the constant use of God's WORD? V12-14

>> **REPENTANCE** - Not having to repent constantly from dead works and acts of sin.

>> **FAITH 101** - Trusting and having confidence in HIM and not in your own efforts.

>> **BAPTISM/WASHINGS** - The importance of baptism and taking the appropriate steps.

>> **PRAYER** - What is its purpose?

>> **DEATH** - Knowledge and belief in what happens to those who die.

>> **JUDGMENT** - Knowing how our behavior affects us long term.

_ **WARNING: 6:4-6** - This verse causes much confusion! It's difficult to be 100% clear what this passage infers with words like enlightened, impossible, tasted but not swallowed, shared in or partakers of. DON'T LET THE ENEMY beat you up with thoughts that you have gone too far and can't repent. There are many verses and stories of people who have turned against God and He accepts them back. **Be Secure!!**

Prayer/Quote/Challenge/Principle

_ The writer of Hebrews tells us a couple of important truths about God in V16-20.

1) He is unchanging 2) It is impossible for GOD to lie 3) Jesus is the anchor of our soul and because of HIM we have full access to GOD. Why are each of these important? Think about them for a moment, before reading on!

If He is unchanging, then HE is able to be trusted.....

If God can't lie, then ALL of HIS WORD is truth.....

If Jesus is our eternity, then this life is temporary....

If Jesus gives us access to God, then we know HE is "always" there for us

IF WE BELIEVE THE STATEMENTS ABOVE, THEN.....

We should be very different from people in the world who don't know or trust GOD. We should want to live differently because we know the end of the our story.
Lord, may these truths sink into us!

Seek, Pray, Reflect, Listen, Change - 5 minutes with God



Day #5

1 4

Walking In The Spirit

_ Confess, Repent, Learn, Adjust

Weekly POWER Passage (Write out each day)

_ Hebrews 4:13

Read Hebrews 4:14-5:10..... Listen and Apply

_ Thank God for sending JESUS to earth in human form!! Why is this important according to V15-16? Give an example from your life on how this helps you.

>>> Not once did Jesus ever sin! He never had an impure thought, word or action!! Yet, HE WAS TEMPTED IN HIS HUMANNESS just as we are!! WOW! Think about how incredible this was! There is no way anyone else could ever fake being Jesus!! HE IS THE SON OF GOD! How does V5:2 say HE deals with us?

>>> Have you felt God deal with you gently? How does that make you feel? Following HIS example, how should we deal with those around us who mess up?

_ Can you believe that Jesus, being GOD, spent much of HIS time praying (V7)? Why? HOW?

_ How did Jesus learn obedience according to V8? How do you think you learn best?

_ To whom did HE become "ETERNAL SALVATION" according to V9? How does that speak to you?

Prayer/Quote/Challenge/Principle

_ **PRAYER!** Yes, **PRAYER** is one of the ways you can measure how much faith you have in God. Jesus' example of the importance of **PRAYER** is shown by how often it is recorded in the Bible that HE **prayed and cried out in prayer!!** Paul talks constantly about **prayer** and in 1THES 5:16 it tells us to **Pray Continuously**. There is no greater indicator of where your walk is with the Lord than **how much you pray!** Read these QUOTES ABOUT PRAYER and let its importance sink in. Martin Luther said, "**To be a Christian without prayer is no more possible than to be alive without breathing.**" Mother Teresa said, "**I used to think prayer changed things, but now I realize prayer changes us, and then we change things!**"



Pray & Listen, Pray & Listen, Pray & Listen - 5 minutes with God

Day #2

1 4

Walking In The Spirit

_ Confess, Repent, Learn, Adjust

Weekly POWER Passage (Write out each day)

_ Hebrews 1:3

Read Hebrews 2:1-18..... Listen and Apply

_ This is your day to listen to what the Lord is speaking to YOU. Ask yourself, "Why am I reading this chapter today?" "God, what do YOU have for me that you want me to live out?" Write down now what He says to you.

_ How can you apply this in your life?

_ What should be the result in my life if I take action on what HE spoke to me?

Prayer/Quote/Challenge/Principle

_ Write down a Prayer, Quote or Principle that will help you think deeper about what God is trying to teach you from today's scripture. (Remember: He is teaching and growing you because of **HIS GREAT LOVE FOR YOU!!**)



Be Still, Reflect, Listen - 5 minutes with God :-]

Day #3

1 4

Walking In The Spirit

___ Confess, Repent, Learn, Adjust

Weekly POWER Passage (Write out each day)

___ Hebrews 1:3

Read Hebrews 3:1-19.....Listen and Apply

___ In the first two chapters of Hebrews, we saw that Christ is greater than the angles. Today, we see He is greater than Moses. The goal of these chapters for us is to see clearly the supremacy of Jesus CHRIST our LORD. He is GOD! We are told in V6 to hold on to our "Courage and Hope" in Christ for this outwardly demonstrates the faith that lies within us. Without Jesus as our focus, we are susceptible to the "4" influences listed below that can shipwreck your faith. Write down how each of these have affected your walk with God and what you can do to change this effect??

> 1. **False teachers** influencing you:

> 2. The winds of **temptation**:

> 3. The challenges of **persecution** (fear of what your faith could cost you):

> 4. Our **misbeliefs** formed from faulty observation of life experiences that happen to us and others instead of believing the truth of what the WORD OF GOD says:

___ **TODAY**, you are not to "harden your heart" (ignoring God's instructions for your life) like God's people did in V7-11. They demonstrated a lack of belief in God resulting in disobedience and consequently didn't receive the land God promised them. What does God call this time in their lives in V8?

WARNING: PURITY PUZZLE PIECE. What is God's solution to avoid becoming like the OT people who missed out on the promised land in V12-14? This principle is **nonnegotiable!**

Prayer/Quote/Challenge/Principle

___ We see another key principle in V10. After reading it, ask yourself what will keep your heart from going ASTRAY? DO IT NOW! Think about it before reading on.....

KNOWING GOD IS CRUCIAL TO OVERCOMING SIN!! In Matt 7:23, Jesus told people who thought they were Christians, **"Away from me. I never knew you."** Are you absolutely sure you KNOW Jesus? Read Matt 6:33. If knowing Jesus is your #1 GOAL IN LIFE, then commit to Him to do your best to put Him first every day



Day #4

1 4

Walking In The Spirit

___ Confess, Repent, Learn, Adjust

Weekly POWER Passage (Write out each day)

___ Hebrews 4:13 Nothing in all creation is hidden from GOD'S sight. Everything is uncovered and laid bare before the eyes of GOD to whom we must give account.

Read Hebrews 4:1-13.....Listen and Apply

___ Today's reading may be one of the most important yet most difficult concepts in the Bible to understand. **"ENTERING GOD'S REST"** is foundational to living and enjoying the Christian life! Describe what you think it means to enter GOD'S REST.

___ In order to understand this concept of entering "GOD'S Rest," it is best to have a understanding of the OT. (Read Numbers 13&14, Deut. 20, and Joshua 1-9 if you get a chance.) Below is a good explanation of entering GOD'S REST. Reflect on it, then live it.

"It starts with belief and trust in God and His sovereign hand on your life. You cease from struggling to be perfect and trying to earn God's favor by following your own self-will, resting in HIS active influence on your life. People in the OT couldn't enter GOD's rest and enjoy the PROMISED LAND because they could only see the Giants they would have to war against and didn't trust God at his word that HE was giving them this land. Their belief and trust was only in themselves and their strength. They couldn't grasp fighting in GOD'S STRENGTH. When you/we grasp this, only then are we truly walking in HIS REST! They still had to do the fighting but GOD promised he would deliver the giants into their hand. This promise is still for us today. Trust HE will do the fighting. Read V11 and then return to finish this thought.

This concept is what is called "cooperative sanctification." We fight and have to make the effort but he brings about the results of the fight!! This is all about trusting as we fight the giants in our lives!! **IT'S TIME TO ENTER "HIS REST."**

___ **OUR SWORD IS THE WORD OF GOD!!** Why do you think Paul describes the WORD as a SWORD? Are you using it?

>> List "3" main reasons why the "WORD" is not just another book according to V12?

>1.

>2.

>3.

Prayer/Quote/Challenge/Principle

___ Using your **SWORD** to fight temptation and to destroy misbeliefs in your thinking is a key part of your freedom puzzle. The WORD is able to transform your thinking which is a total game changer (ROM 12:2)!! IF YOU PULL IT OUT AND SWING IT?!

BUT, another key is grasping V13.... **GOD SEES ALL, KNOWS ALL, AND JUDGES ALL**

How can you look at things on your computer or go places you shouldn't if you really believe V13? I believe the only way we can really sin knowing this is thinking, I will sin then use "God's Grace" to forgive my sin. I did, but that thinking is wrong! Think about the above phrase in light of God's LOVE for you. HE is GRACIOUS!

Renounce WRONG THINKING! Repent, Reflect, & Listen - 5 minutes with God



Walking In The Spirit

Confess, Repent, Learn, Adjust

Weekly POWER Passage (Write out each day)

Hebrews 11:1

Read Hebrews 13:1-25....Listen and Apply

The Hebrew writer's closing comments emphasize a list of actions we are to "REMEMBER" to develop IN our Christian character. These actions are listed below. Write down why each of these actions are important in our lives.

- > REMEMBER to love, to do good, and to share with others as brothers (V1&16) -

- > REMEMBER to entertain strangers and those imprisoned for their faith (V2-3) -

- > REMEMBER to keep the marriage bed PURE (V4) -

- > REMEMBER to keep your lives free of the love of money and things (V5-6) -

- > REMEMBER your leaders and to obey them (V7&17) -

- > REMEMBER to realize this is not our home (V14) -

- > REMEMBER to pray for others (V18-21) -

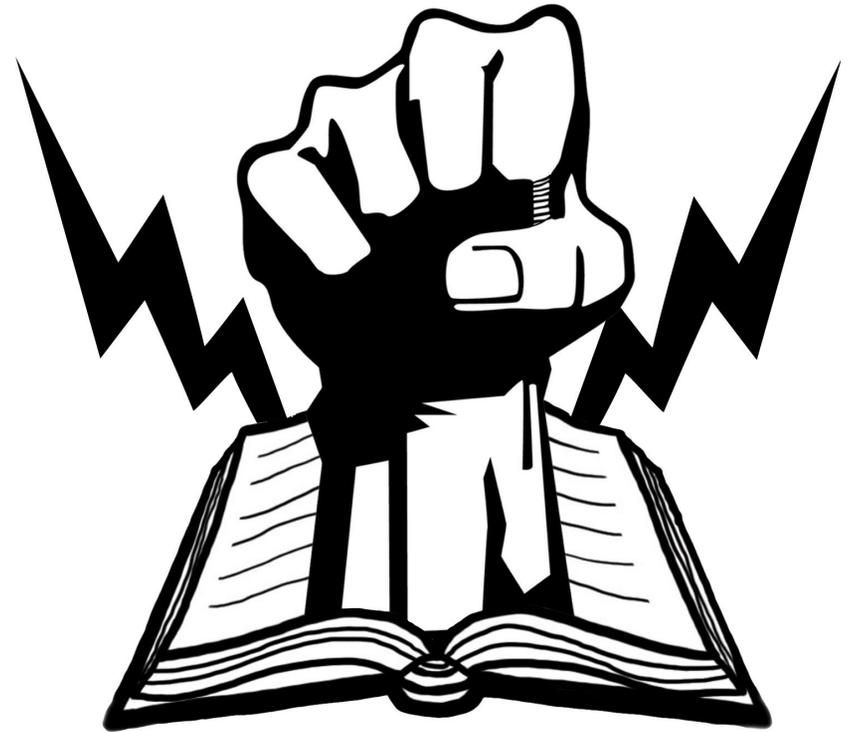
Why does God remind us over and over again in HIS Word to "REMEMBER"? Which of the above have you forgotten? Write down some "practical things" you can do to help you remember key important truths listed above?

Prayer/Quote/Challenge/Principle

Let's pray scripture today (V20-21). "Lord, YOU are the GOD of PEACE! YOU are the ETERNAL Covenant, the ONE raised from the dead, and the Great Shepherd. Lord, equip me with everything I need to do your WILL in my life! Work into me everything that is pleasing to you! I give you the Glory you deserve forever."

Wake up each day setting your mind on doing the will of GOD. If you blow it throughout the day, take a few moments to confess, repent, learn from your wrong decision, and then reset your mind on WHOM you are living for. It's easy to just say a fleeting, "Sorry, GOD!" and move on. Be intentional! This is allowing HIM to conform you to HIS image. One moment at a time...

Be Still, Reflect, Listen - 5 minutes with God



THE WORD

THE POWER TO CHANGE YOUR LIFE!

"Do not merely listen to the Word, and so deceive yourselves. Do what it says." -James 1:22

WEEK TWO - HEBREWS

Day #1

1 4

Walking In The Spirit

Confess, Repent, Learn, Adjust

Weekly POWER Passage (Write out each day)

Hebrews 8:12 I will forgive (Steve's) wickedness and will remember (his) sins no more. (Personalize it!)

Read Hebrews 8:1-13.....Listen and Apply

We continue in Hebrews today with the writer emphasizing that the new covenant in Jesus is greater than the old covenant. Many Jews couldn't believe Jesus was the high priest of the new covenant because the high priest had to be from the tribe of Levi and Jesus was from the tribe of Judah. What do you learn about what heaven will be like from reading V5-6?

There are four "I WILL" STATEMENTS that God promises HE "will do" in V10-12. List them below in your own words and describe how they will change your thinking?

>1.

>2.

>3.

>4.

In the OT there were "3" categories the LAW fell under. 1) Ceremonial 2) Civil and 3) Moral. We are no longer required to follow ceremonial law. The OT civil law we should follow, but due to a very different society and culture, all of them cannot be followed to the letter of the law. Finally, the OT moral laws still apply to us today and should be followed. Read Matthew 5:17-20. What do you learn from this passage that applies to you today?

Prayer/Quote/Challenge/Principle

The NT is not about observing laws, but having a real heart change that wants to obey them! The HEART that is sold out for Jesus will want to follow HIS WAYS. If your heart has not changed, then you will find God's rules to be unpleasant and difficult.

Pastor James McDonald says, "If your faith hasn't changed you, then it hasn't saved you." Those are tough words, but he wants to make sure no one is deceived to think they are "saved" and they're not. If we accept Jesus as our Savior through a "prayer of faith," there should be a changed life, a change of how we think, live, and act!! Challenge yourself today before the Lord and ask Him, "Have I truly accepted you as Lord and Savior, or did I simply pray to get a free ticket into heaven?" What then should the focus of my life be? **How should this change me?**

BE STILL, KNOW I AM GOD, LISTEN TO ME, LOVE ME, FOLLOW ME - 5 mins with God



Day #6

1 4

Walking In The Spirit

Confess, Repent, Learn, Adjust

Weekly POWER Passage (Write out each day)

Hebrews 11:1

Read Hebrews 12:14-29... Listen and Apply

Today's devo gives us **WARNINGS** about refusing to follow GOD and the possible consequences. V14&15 each start with "2" action steps we are to take. List each and explain why these are important to help you overcome sexual sin. (addiction)

VERSE 14

> 1.

> 2.

VERSE 15

> 1.

> 2.

Read V25. Do you see your sexual sin as "refusing to follow" after God? Explain why or why not?

Do you feel like you are making "every effort" to get free from sexual sin? What else do you feel you should be doing or what could you do with more excellence?

>>> Are you PRACTICING SCRIPTURES like Phil 4:8 and 2Cor 10:5? Making every effort? :)

Prayer/Quote/Challenge/Principle

V29 tells us that our God is a "consuming fire." We are to have REVERENCE (HOLY FEAR) and AWE (GODLY FEAR) for HIM, HIS position and authority, and ultimately as our judge. Let's worship HIM in prayer today. "Lord **ALMIGHTY, Creator, Master, Daddy, Abba, Father, you are worthy of all praise! Have mercy on my soul for all the things I've done wrong, all the things I said I'd change but have not, and all the promises I've made to you but have not kept. FORGIVE ME! Please continue to form me into YOUR image. Create in me a clean heart, and restore unto me the joy of my salvation and grant me a willing spirit!! Apart from YOU I am nothing and can do nothing, but through YOU I CAN DO ALL THINGS! I give this day to YOU and will do my best to live it in a Holy and Honorable way. For your glory, Amen."**

Be Still, Ask to be made HOLY, Listen - 8 minutes with God



Day #5

1 4

Walking In The Spirit

_ Confess, Repent, Learn, Adjust

Weekly POWER Passage (Write out each day)

_ Hebrews 11:1

Read Hebrews 12:1-13..... Listen and Apply

_ A couple of key pieces of your PURITY PUZZLE are revealed in today's reading.
> 1) Our FAITH is active and participatory 2) Our FOCUS is on Eternal Life with Jesus.
Write out the "action steps" you can take to implement these into your life for each category listed below.

> "THROW OFF" EVERYTHING THAT HINDERS YOUR WALK (V1) -

> "RUN" WITH PERSEVERANCE YOUR LIFE AS A CHRISTIAN (V1) -

> "FIX" YOUR EYES ON THE PERFECTER OF YOUR FAITH, JESUS (V2) -

> "CONSIDER" WHAT JESUS WENT THROUGH FOR YOU -

> "ENDURE" THE HARDSHIP OF HIS DISCIPLINE (V7)

_ Out of the '5' actions listed above, pick "2" that you think the Lord is telling you to work on and why?

>> 1. >> 2.

_ What can you learn about "discipline" from the WORD of GOD in V5-11.

> V6 -

> V8 -

> V10 -

> V11 -

Prayer/Quote/Challenge/Principle

_ DISCIPLINE....DISCIPLINE is not one of our favorite words, but it should be. The purpose of DISCIPLINE is clear in V10-11. God uses it to shape us and train us into a man of HOLINESS, a man of RIGHTEOUSNESS, and a man of PEACE. How you respond to God's DISCIPLINE will determine what kind of man you become. Sit and reflect on how you will respond to God's DISCIPLINE. 1) You can give up and get discouraged 2) You can wallow in self-pity and think you don't deserve it 3) You can get angry at God 4) You can accept it gratefully with humility and trust!! Your choice.. DISCIPLINE IS good!

Be Still, Reflect, Listen - 5 minutes with God



Day #2

1 4

Walking In The Spirit

_ Confess, Repent, Learn, Adjust

Weekly POWER Passage (Write out each day)

_ Hebrews 8:12

Read Hebrews 9:1-28..... Listen and Apply

_ Today is your day to follow the leading of the HOLY SPIRIT.

READ...LISTEN...APPLY.... RESULTS...!!!

_ What did God "reveal to you personally" as you read the passage today?

_ How can "you practice it" or apply it in your life?

_ What will the "results be in your life" from applying the above?

Prayer

_ Write out a short prayer to God from your heart!!

Be Still, Reflect, Listen - 5 minutes with God



Day #3
Walking In The Spirit

1 4

___ Confess, Repent, Learn, Adjust

Weekly POWER Passage (Write out each day)

___ Hebrews 8:12

Read Hebrews 10:1-39...Listen and Apply

___ Read V10, 14, 17, & 18. Write down your immediate reaction to these verses and then how they inspire you to live for your Savior.

___ Now, to help you never forget what you just wrote above, what are a couple of things you could "do"?

>>1. >>2.

___ At V19 the author of Hebrews ends his explanation about why living under GRACE is "superior" to living under the LAW. Think about each word as you write out V24-25!!

___ List "3" people you will commit to call and meet with to spur each other on DAILY in obedience to Jesus and serving others in love. This starts FIRST with your family and friends!! Write down their contact info, too!

>1. >2. >3.

___ V26-31 is a great wake up call about the severity of "DELIBERATELY SINNING" and then thinking YOU will just seek forgiveness. Have you insulted the Spirit of grace? Write a short note asking God's forgiveness for using His grace and treating HIS blood as an unholy thing....

Prayer/Quote/Challenge/Principle

___ V19&20 today leads us into some new territory. The SUPERIORITY OF LIVING BY FAITH AS OPPOSED TO LIVING BY THE LAW. This is an important PUZZLE piece. If you try to live by the LAW, you will become discouraged, and maybe even depressed because it is impossible to achieve. But if you live under grace, made possible by the shed blood of Jesus, then you can start to live daily again in the joy and freedom of V32-39.

Reflect on this today: "I am a Christian not because I'm strong and have it all together, but because I'm weak and in great need of a Savior."

5 MINUTES WITH GOD



Day #4
Walking In The Spirit

1 4

___ Confess, Repent, Learn, Adjust

Weekly POWER Passage (Write out each day)

___ Hebrews 11:1 Faith is being sure of what you hope for and certain what you do not see. (personalized)

Read Hebrews 11:1-40...Listen and Apply

___ Just like 1Cor 13 is called the "LOVE CHAPTER," Hebrews 11 is called the "FAITH CHAPTER." Write out in your own words what you have learned from these verses....

>> V1 -

>> V6 -

>> V7-8 -

>> V24-26 -

>> V33-34 -

>> V35-38 -

___ From the verses above, summarize how people's lives were changed by their FAITH and how you believe it should change yours.

Prayer/Quote/Challenge/Principle

___ Famous quotes about FAITH:

- > Anonymous: "Accept what is, let go of what was, and have FAITH in what will be."
- > Steve: "When you hear the words "give up, it's no use!" FAITH whispers, "Keep going!"
- > Spurgeon: "It is nothing to trust God in the light, but TRUST Him in the darkness!!"
- > Steve: "Doubt focuses on Difficulties; FAITH focuses on the truth of God's WORD."

In Romans 1:8 it says, "The people's FAITH was being reported all around the world." How about "YOUR FAITH?" What would people say about your FAITH? Where is your faith at this time? Sit before GOD and talk to Him about your FAITH. Where is your faith at and what would you like to see it become?

Be Still, Reflect, Listen - 5 minutes with God

