

Day #7

1 4

Walking In The Spirit

Confess, Repent, Learn, Adjust

Weekly POWER Passage (Write out each day)

John 7:38

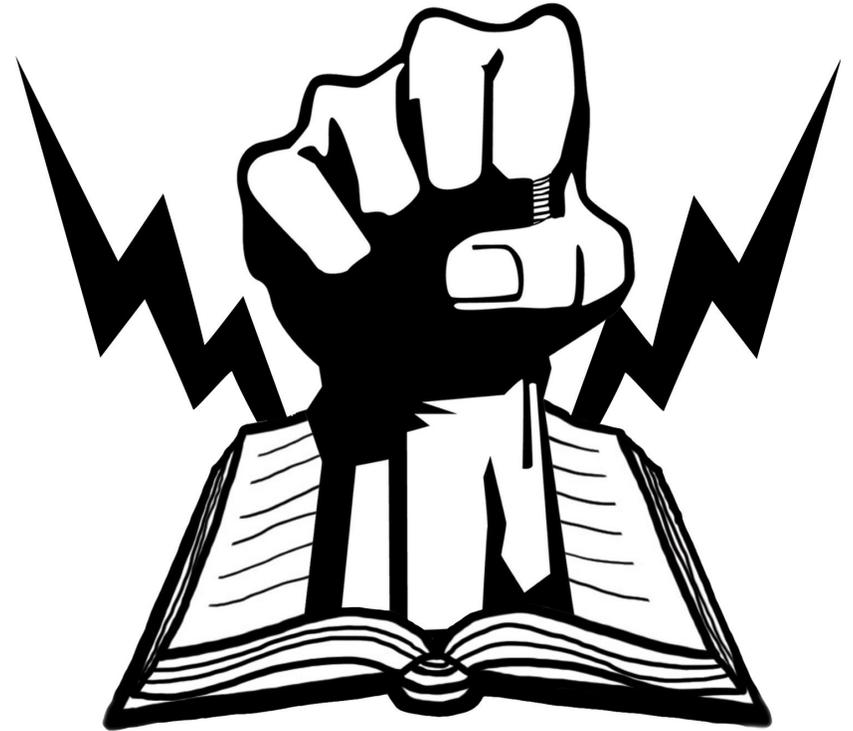
Read John 7:1-52.....Listen and Apply

Today is the day you're the teacher. As you **listen to GOD**, ask what HE wants you to share. Read the whole passage through and then go back and see what you want to emphasize. Have fun with this!

Prayer/Quote/Challenge/Principle

Write out a prayer or quote etc. that applies to today's passage.

Be Still, Reflect, Listen - 5 minutes with God



THE WORD

THE POWER TO CHANGE YOUR LIFE!

"Do not merely listen to the Word, and so deceive yourselves. Do what it says." -James 1:22

WEEK ONE - JOHN

Day #1

1 4

Walking In The Spirit

_ Confess, Repent, Learn, Adjust

Weekly POWER Passage (Write out each day)

_ John 7:38 Whoever believes in me, as the Scripture has said, streams of living water will flow from within him.

Read John 1:1-51.....Listen and Apply

_ The **Gospel of John** is probably the most read gospel of the four. It's the gospel most people tell new Christians to **read first** because it shows GOD'S deep love for us, how Jesus is clearly the Son of God, and how eternal life comes through faith in Jesus! John is the apostle and the bro of James; one of the "sons of thunder." It was the **last Gospel written** almost 60 years after the death of Jesus and 20 years after the destruction of Jerusalem yet before John was exiled to Island of Patmos. The gospel of John was written to all Christians and uniquely has "**no parables**" recorded and doesn't begin with the story of Jesus birth. Also, **90% of John** is not found in the other Gospels. It is believed that John is the only apostle who didn't die a violent death, but at one point in life, he was thrown onto a pot of boiling oil as punishment for proclaiming his faith in JESUS and survived! What may that have left him looking like?

_ What are the 3 points John is "making sure" we know in V1? Based on V14, who is "THE WORD"? READ V3. WHO, then, created the world?

_ Is this "**light**" you are reading about in V3-9 more powerful or is "darkness"? Close your eyes for a second and think about being in a completely dark room. When someone flips the light on, what happens to the darkness?

_ What should happen to the darkness in your life when the "**light**" comes into it?

_ In V6-9, replace "John" and "He" with your name. What, then, is **one of your main purposes** on earth while you're here? Do you think of "yourself" in this way? What things can you do to fulfill this **purpose** for your creation here on earth?

_ To whom did GOD give **the right** to become HIS child in V12-13? Being born of GOD, or **born again**, makes us a new Spirit-filled person. Write out below how this should change and rearrange these areas of your life?
-YOUR ATTITUDES:

-YOUR DESIRES:

-YOUR MOTIVES:

Prayer/Quote/Challenge/Principle

_ This free gift of being "born again" doesn't mean you have to live differently; it is a choice that you make because you want to live differently. You don't get a change of name but a change of your "Nature"! You now have the power of the "**LIGHT**" to overcome the darkness AND you have the power to overcome all sexual sin that is not of GOD! Reflect and be still before GOD now, about how you may ask HIM to change. your attitudes, motives, and desires!?

Be Still, Reflect, Listen - 5 minutes with God

Day #6

1 4

Walking In The Spirit

_ Confess, Repent, Learn, Adjust

Weekly POWER Passage (Write out each day)

_ John 7:38

Read John 6:1-71....Listen and Apply

_ Jesus claims 77 times in the Gospels to be the fulfillment of the Old Testament prophecies that HE is the Messiah!!

_ In V28-29, the disciples ask a very profound question. WRITE out what they ask and then their response.

_ Write out the dictionary definition of **BELIEVE**:

_ Write out the Strong's definition of **BELIEVE**. (#4100)

_ Out of everything Jesus could have replied, in V29, HE chose to tell them their WORK was to **BELIEVE!** WHY DO YOU THINK He said this? Why didn't HE say to love others, obey HIM, or serve the church. **WHY BELIEVE?**

_ In V48, **Jesus** called HIMSELF the **BREAD OF LIFE**. WHY? How often do most people eat? How often do you think you should be feeding on "**Jesus - The Word**". Why else did Jesus call himself the Bread of Life and Living Water in John 4:10?

_ In V65, who does Jesus say draws us to Himself to basically want to be a Christian? Why is this incredible news? He chose you knowing everything good, bad, and ugly you would ever do, and **HE still wanted YOU!?** WOW!!

Prayer/Quote/Challenge/Principle

_ Regarding belief, C.S. Lewis profoundly stated, "**I Believe in Christianity** as I believe that the sun has risen; not only because I see it, but because by it, I see everything else!" Lord, help me **BELIEVE** and not forget. I ask, LORD, that **belief in You** would be a part of my every decision. YOU would be woven into the very fabric of my life! I want this belief to be the driving force of my entire life!! I want YOU as LORD of my life. Lead me! I Need you! Please take over now!!

Be Still, Reflect, Listen - 5 minutes with God



Day #5

1 4

Walking In The Spirit

Confess, Repent, Learn, Adjust

Weekly POWER Passage (Write out each day)

John 7:38

Read John 5:1-47..... Listen and Apply

Read V19. What is the only thing that Jesus could do according to this verse?

What does this reveal about Jesus and HIS **authority**? What should that mean for you?

Read V30. Who does Jesus desire to please, **FATHER GOD or men**? How can this kind of thinking change your life? List three ways now.

Read V39-40. According to this verse, if we read the Bible for a couple hours each day, does that guarantee us a place in heaven or that we will be great Christians? What are the 2 "most important things" to realize about these verses? How should that change how you live? (James 1:22)

Read V44. Whose praise and glory are we we to seek out according to this verse? Twice in this chapter God has pointed out the importance to seek out only praise from God and not men. Why? What happens to those who want **the praise of men** in just a matter of time?

Prayer/Quote/Challenge/Principle

This morning's reading has **JESUS** doing a miracle and then claiming and supporting **HIMSELF to be GOD**. Read Psalm 65:1-4. Use the words in this song to **WORSHIP HIM** today! Think about this: anything you do that brings joy and pleasure to God is an act of **WORSHIP** (Rom 12:1). As you worship, also think about this quote, "Refuse to be content with just the knowledge of God, but **INSIST** on experiencing **HIS PRESENCE!**" **REMEMBER**, there 's no greater act of **worship** than the giving of yourself. Get real with Him this day and break the chains of the bondage to sin in the heavenly realm!! HE is a game changer. Worship....Praise HIM....Worship...Adore Him!

Be Still, Reflect, Listen - 5 minutes with God



Day #2

1 4

Walking In The Spirit

Confess, Repent, Learn, Adjust

Weekly POWER Passage (Write out each day)

John 7:38

Read John 2:1-25.....Listen and Apply

Jesus performs HIS "**first miracle**" in V11. What were the servants response to seeing HIM change the water into wine in V9&10? We get to see and read about the **miracles** **FATHER GOD** and **JESUS** did. How should this build our faith?! **Think about it!!** There are over a **100 signs and miracles** listed in the OT & NT.

In V5, where did Mary get her confidence in Jesus? (Just think about it.) Do you have that same confidence to do whatever HE TELLS YOU TO DO? (Lk 2:19-52)

The **temple** was supposed to be a place to worship GOD. What were the people using **the temple** for in V14-17? Why did Jesus get so upset over this? Read 1Cor 6:18-20. How do we defile the **temple** sometimes according to V18 in 1Corinthians? For what purpose should we be using **God's Temple** (that dwells inside us)?!

What does V23-25 say Jesus would NOT do with people? Did HE let that get in the way of HIS LOVE for them? In the same way, ultimately, our trust has to be in Jesus and not people. We should expect that people will let us down because they are human....not perfect!

Prayer/Quote/Challenge/Principle

Do you believe God is **INFALLIBLE**? Webster's dictionary definition is: **Incapable of error, not able to mislead, deceive, or disappoint**. Much of our addictions can be due to **how we view GOD** and we **trust HIM** to provide and fill our needs. Call on Him today to show you how to let HIM fill your needs of Intimacy in a proper way and how to begin practicing that daily. Repent now of any way you may have defiled HIS **TEMPLE** and **accept HIS GRACE** and **MERCY** that **cleanses and restores** the damage that may have been done. **REST** in **His love** for you and ask HIM to walk with you moment by moment in the days to come. Lord, fill your **TEMPLE** fresh today with worship, holiness, respect, and a desire to battle my flesh, the wold, Satan and his forces!! Amen!

Be Still, Reflect, Listen - 5 minutes with God



Day #3

1 4

Walking In The Spirit

_ Confess, Repent, Learn, Adjust

Weekly POWER Passage (Write out each day)

_ John 7:38

Read John 3:1-36.....Listen and Apply

_ This chapter contains the most famous scripture in the BIBLE, John 3:16. Write out this verse thinking about **each word**. What are the "3 most important words" to you in this verse?

_ Read V19-21. What did people love more than **light** (GOD)? What were people afraid of, in V20, if they came into the **LIGHT**? What does someone do who wants to live in **truth** and in GOD (V21)?

_ If you lived by V27, how would it change your life? List 3 examples from your life!

1>
2>
3>

_ What are the 2 choices God lays before every man in V36??

1>
2>

_ Read Deut30:11-20. Summarize what GOD is saying to you about the results of these 2 choices that HE presents here in the OT.

Prayer/Quote/Challenge/Principle

_ The challenge today is that none of us want to go to hell, but are we willing to live life God's way? Do we want to go to heaven yet live like hell? It's a choice! We all battle this flesh vs Spirit life if we are Christians. In Psalms 16:11, GOD promises us eternal pleasures. Live like you care that God has given you this free gift. If you really don't care, ask HIM to change your heart to one that does care!! Be still in a attitude of thankfulness today.

Be Still, Reflect, Listen - 5 minutes with God



Day #4

1 4

Walking In The Spirit

_ Confess, Repent, Learn, Adjust

Weekly POWER Passage (Write out each day)

_ John 7:38

Read John 4:1-54.....Listen and Apply

_ People who live in the Phoenix desert can, at times, just be dying for a cold, cool glass of water. Nothing can quench or satisfy your **thirst** like water! What does Jesus imply this **living water** will do for you in V13-14? Can you think of one word that summarizes this thought?

_ Are you **satisfied completely** in Jesus or do you need more to be content or satisfied? List any of the ways you are unsatisfied and ask Jesus how He wants to meet that desire or need. Where was the Samaritan women trying to find her happiness in V18?

_ DESCRIBE what it means to worship God in SPIRIT AND IN TRUTH after reading V23-24?

_ Jesus is a great example for how to **witness** to this world. What happened in V39-41? Have you ever shared your faith and experienced the joy of someone turning their lives over to God? How did it make you feel if you did, and if you haven't, ask God why not?

_ Who are **you focused on** if your thinking about witnessing to **others** much of the time? How could this "change of focus" help free you from sexual sin?

Prayer/Quote/Challenge/Principle

_ The Samaritan women and the people around her were **changed** by Jesus forever. Someone quoted, "There are two types of pain, one that hurts you and the other that changes you!!" Have you let God use the pain in your life to change you for the better? Another person said, "Two things prevent us from happiness; living in the past and observing others." I'm sure there are other things that can prevent our happiness but these are two BIGGIES!! Read these verses: Rom 8:28, Phil 3:13-14, 2Cor 10:12.

Think about how GOD'S Word addresses so many of life's issues. Let HIM **change YOU!!**

Be Still, Reflect, Listen - 5 minutes with God



Day #7

1 4

Walking In The Spirit

Confess, Repent, Learn, Adjust

Weekly POWER Passage (Write out each day)

John 8:31-32

Read John 14:1-31...Listen and Apply

Jesus' words to us should be **comforting** in V1-3. We see God's heart in this passage. Why should we not be troubled, fearful, anxious, and worried based on these verses?

Write out the definition of "Way."

John 14:6&7 is one of the most important passages in scripture because it lets us clearly know that **the way** to heaven is only through JESUS! Jesus claims He is three different things in V6. Write out why each is important to **you personally**?

>>> THE WAY-

>>> THE TRUTH-

>>> THE LIFE-

In V15, Jesus says if we **truly LOVE HIM** we will want and try to obey HIM. Read V15-17 in the **Amplified Version** of the Bible. Write out the 8 words it uses to describe the HOLY SPIRIT!

- | | |
|----|----|
| 1. | 5. |
| 2. | 6. |
| 3. | 7. |
| 4. | 8. |

The HOLY SPIRIT is really the "Forgotten GOD", as Francis Chan talks about in one of his books. Is the HOLY SPIRIT a big part of your LIFE? In V25-27, Jesus talks about the Peace HE left us through the HOLY SPIRIT.

Which type of PEACE are you experiencing and how should that change you?

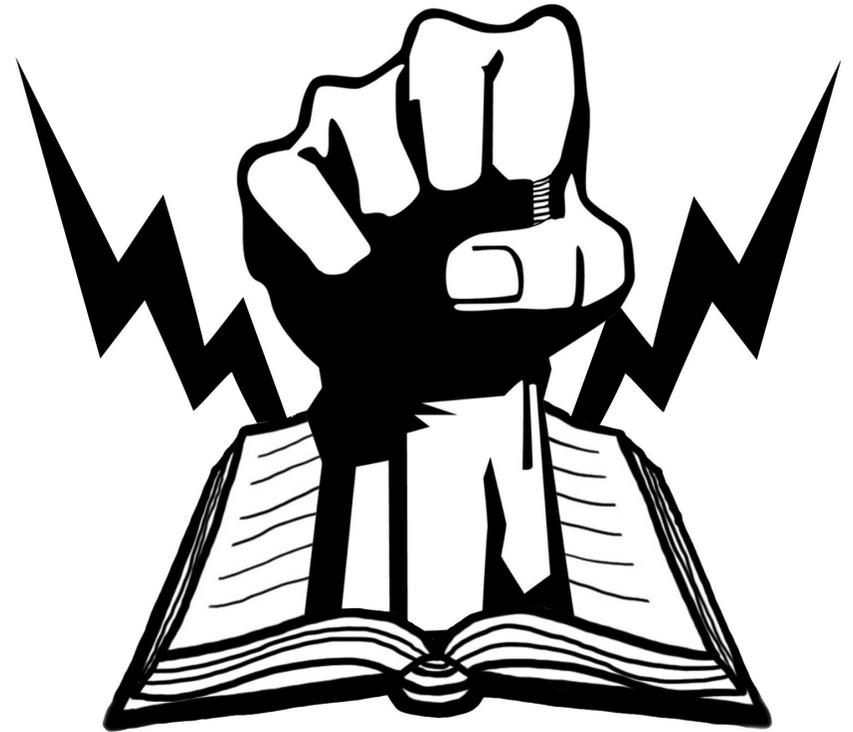
>>> World's Peace is usually defined as: Absence of Conflict.

>>> God's Peace is defined as: A confident assurance and peace in GOD in the midst of conflict.

Prayer/Quote/Challenge/Principle

Lord, I pray today that you would unleash a new fresh understanding and power from the **Holy Spirit** in my life today! Give me a new awareness of "**you in me**" throughout the day. Produce in me the "Fruits of the SPIRIT" that you may be glorified by how I live. I need your power, direction, and love to be able to navigate through the temptations of this world. **I repent** of all sin in my life and want a new start today to be the "man of God" I desire to be!!

Be Still, Reflect, Listen - 5 minutes with God



THE WORD

THE POWER TO CHANGE YOUR LIFE!

"Do not merely listen to the Word, and so deceive yourselves. Do what it says." -James 1:22

WEEK TWO - JOHN

Day #1

1 4

Walking In The Spirit

_ Confess, Repent, Learn, Adjust

Weekly POWER Passage (Write out each day)

_ John 8:31&32 Jesus said, "If you hold to my teaching, you are really my disciples. Then you will know the truth, and the truth will set you free",

Read John 8:1-59....Listen and Apply

_ Read V4, imagine yourself to be the man caught in some sin. Fill in the blank of what your sins have been. "Teacher, this **man** was caught in the "act of _____".

_ What are Jesus' words to the woman about her/our sins in V11? List '3' things HE says about your "acts of _____".

_ Why does Jesus want us to leave our life of sin? How you answer this may be the greatest indication on what **type of relationship** you have with GOD.

_ Read Exodus 3:13-14. How many times does Jesus use the phrase "**I AM**" in John 8:12-25. What was the point HE was making to the Jews by calling Himself "**I AM**"?

_ What is **Jesus promise** to us in V12? How does that make you want to live?

_ Jesus really sets the bar for us in V28-30. List 3 ways that Jesus lived HIS life here on earth.

- 1.
- 2.
- 3.

_ Based on your list above, how do you think God wants you to live your life here. Is this your **mind set**?

_ What are 2 attributes of satan listed in V44-45? What is satan's goal for us and how does he lead us into sin?

Prayer/Quote/Challenge/Principle

_ Lord, today I lay down my life and my desires because I want to be **Pleasing to YOU**. Teach me how to do nothing apart from You! Remind me daily to be aware of the devil and his desire to destroy me through sexual sin. Help me to be aware of the ways he lies to me about how good my sin will feel and how it really never satisfies and leaves a trail of guilt and shame in my life. It steals my peace, my joy, and leaves me dry and feeling dead and purposeless. Restore my mind to right thinking. I want to hear your voice and follow your plan for my life. I surrender to you now!! Amen

Be Still, Reflect, Listen - 5 minutes with God



Day #6

1 4

Walking In The Spirit

_ Confess, Repent, Learn, Adjust

Weekly POWER Passage (Write out each day)

_ John 8:31-32

Read John 13:1-38.....Listen and Apply

_ This is your day to lay out a devotional for others to study. Look for the passages of scripture that the Lord seems to be laying on your heart to emphasize. Ask questions, bring observations, help them to draw conclusions. Have fun with this!!

_

_

Prayer/Quote/Challenge/Principle

_ Look up quotes or write out a purity principle that ties into the lesson. Make a challenge or simply write out a prayer to God about the message today that God has played on your heart.

Be Still, Reflect, Listen - 5 minutes with God



Day #5

1 4

Walking In The Spirit

___ Confess, Repent, Learn, Adjust

Weekly POWER Passage (Write out each day)

___ John 8:31&32

Read John 12:1-50... Listen and Apply

___ In your own words, how does V23-26 reveal what you may need to do to overcome sexual sin or any other sin in your life?

___ We see **Jesus' humanness** in V27-28, but we also see how HE talks Himself through the dreaded situation HE is about to face when He takes the **sins of the world** on Himself and momentarily **separated** from HIS Father. What can you learn from these verses about how Jesus got through the temptation to run from the pain He would suffer on the cross? Reading Matt 26:38-39.

___ In V42-43, what did the authorities/leaders love more than Jesus? List three major effects this kind of thinking can have on a man who fears what people think of him?

- 1>
- 2>
- 3>

___ Read V49-50. Do you seek God on how to live your life the way Jesus did, not wanting to say anything that His Father hasn't put on His lips? If you lived your life this way, how would it change how you live? List at least 3 ways!!

- 1>
- 2>
- 3>

Prayer/Quote/Challenge/Principle

___ We often cry out to God and ask Him to show us **HIS will** for our lives and to **speak to us** but when HE does show us and speaks to us, do we do it? Read 1Thess 5:16. Make it a priority to work on **asking GOD** everyday to help you live out these 3 attitudes of the heart!! **JOYFULNESS. PRAYER. THANKFULNESS.** If we just practice doing these 3 things with GOD'S help, our life will radically change forever!! When you are focused on living these out, the desire to give into lust becomes less and less. **Reflect now** on how these 3 heart attitudes are currently alive in your life?!

Be Still, Reflect, Listen - 5 minutes with God



Day #2

1 4

Walking In The Spirit

___ Confess, Repent, Learn, Adjust

Weekly POWER Passage (Write out each day)

___ John 8:31&32

Read John 9:1-41.... Listen and Apply

___ We are all kinda blind from birth (V1) because of our sin nature is inherited from our bro Adam. This entire chapter is about this blind man. Write out in your own words why this man was born blind (V3)?

___ Read John 11:4, Why did God allow Lazarus to become sick? What are some different ways **God can get Glory** from trials that happen to us?

___ These may be a couple of the most important verses in understanding God and HIS nature! We tend to think that if something good happens to us, it is blessings from God and if something bad happens, it's from Satan. Could Satan aid in prospering you if he knew wealth would destroy you? Does God allow suffering at times to bring **Glory to HIMSELF?** Read James 1:2-4. Write out a summary in your own words of what James was teaching us about trials, which may include suffering.

___ Are these trials and sufferings for our own good? How can we bring **GLORY to God** as we go through trails?

___ So, the "grand finale" question is: do you **serve Christ** because HE is supposed to protect you and keep you from any harm or discomfort or do you serve HIM out of love and devotion to your Creator and Savior? Don't answer this quickly; **meditate** on it, and think about something really bad that has happened to you. How did you respond?

___ What were 3 reasons that God allowed this man to be born blind V3? The final two are stated in V38.

>1. >2. >3.

Prayer/Quote/Challenge/Principle

___ **Suffering!** Trial? Hardships? Why? Why? Charles Spurgeon wrote, "I have learned to kiss the wave that slams me into the **ROCK OF THE AGES.**" This is where the rubber of our faith hits the road. Our trials typically drive us to our knees to **dependance on God.** We often feel like God has abandoned us during our suffering. Someone said, "If you wonder why you can't hear God's voice during your trial, remember the teacher is always Quiet during the TEST." God never abandons us, the famous painting shows that HE is actually carrying us! Scripture tells us that the storms of life will come but how will you respond? How have you built your house to stand against the storms?! Read Matt 7:24-27. Now **prayerfully** decide how you will prepare for future storms. You may need to repent of lack of trust and faith in your Creator in the midst of trials.--)

Be Still, Reflect, Listen - 5 minutes with God

Day #3

1 4

Walking In The Spirit

Confess, Repent, Learn, Adjust

Weekly POWER Passage (Write out each day)

John 8:31&32

Read John 10:1-42.....Listen and Apply

In V2-3, who is the gate/door, gatekeeper/watchman/doorkeeper, and the shepherd of the sheep? See V7&11.

In V3-5, what are 6 things the **sheep** do or don't do?

1. 4.
2. 5.
3. 6.

In V3-5, what are 4 things the **shepherd** does?

1. 3.
2. 4.

In V10, who is the **thief**? What are 3 goals of the thief in the verse?

1. 3.
- 2.

Describe how the **thief** may do each of these in your life?

Why did Jesus say HE came in V10? Read in several different translations, then write out in your own words what God's desire is for **you**.

In V3-4, 27, why do the shepherds sheep follow HIM? Write out a time that you clearly hear God speaking to you.

What is Jesus' promise to us in V28? How does that make you feel?

Prayer/Quote/Challenge/Principle

The bible teaches that God speaks to us in many different ways, such as, the written word (logos), the spoken word (rhema), prayer, others, dreams, songs, creation, circumstance, etc.....But the **most important aspect** is that you are hearing HIM guide you in life's decisions. If you are not experiencing this in your walk with God, get with someone who you know and respect that hears clearly from God. How did you learn to recognize your parent's voice? You know where they are emotionally simply by their tone... happy, sad, mad, glad! You know it because you spend so much time listening to them. Hearing God's voice starts at salvation when HE called you to be HIS child. That was HIM speaking to you! Ask him a question now, sit still and listen. He will speak.

Be Still, Reflect, Listen - 5 minutes with God



Day #4

1 4

Walking In The Spirit

Confess, Repent, Learn, Adjust

Weekly POWER Passage (Write out each day)

John 8:31&32

Read John 11:1-57...Listen and Apply

How does V4-6 show why God sometimes doesn't answer our prayers right away?

Based on V14, is God more concerned about **our comfort** or forming in us a deep **belief** in who HE is? List 3 things God wants to teach us through our trials?

>>> 1.

>>> 2.

>>> 3.

V25-26, What is the key ingredient to our salvation?

Who does **Jesus** claim to be in V25? Why should this change how you live?

Jesus is stating that HE is GOD by claiming to be the great "**I AM**" in V25! Ask yourself this Question, "Who does GOD say **I am**?" (Read Eph 1:5, 1:11-14, 2Cor 5:17-20 for a few clues to who you are!)

What was Jesus' response to Mary's unbelief and doubting in V32-35? Was HE mad that she lacked belief or was HE more concerned for her? How will JESUS deal with you in your times of doubt, worry, and fear?

How do you think Jesus wants to **respond to you** when you blow it in sin or when you doubt that HE can handle your situation? How does this make you feel towards HIM? **How should this change how you live?**

Does God always hear your prayers based on V41-42? :-]

Prayer/Quote/Challenge/Principle

Lazarus, Mary, and Martha were friends of Jesus but that didn't keep them from having trials in their lives. Do you grumble, complain, and worry about life's difficulties or do you go to GOD in **Prayer** laying your cares before HIM? Someone said, "**Prayer** is the most powerful weapon against trials, and the most valuable gift you can give someone you love". Another said, "**Pray** on it, **pray** over it, but most of all **pray** through it!!" Remember **prayer** changes more than things and circumstances; it "changes you". Think about it.....

Be Still, Reflect, Listen - 5 minutes with God



Walking In The Spirit

_ Confess, Repent, Learn, Adjust

Weekly POWER Passage (Write out each day)

_ John 15:10 (NIV)

Read John 21:1-25...Listen and Apply

_ Peter and some of the other disciples go out fishing, but return to shore with no fish. Jesus is standing on the shore and tells them to put the net in on the right side of the boat and they caught a large number of fish. It was then that they recognized Jesus. After denying Jesus three times, Jesus asks Peter three times if he loves Him.

This was **the moment of redemption and restoration** for Peter. Want to be restored from your denial of Jesus through sexual sin? Do you love Jesus? If so, write to him a short letter telling HIM!

_ With Jesus gone, Peter and the others resort to their old ways. As a **new creation in Christ**, how have you resorted to your old ways and what impact has it had on your life? What are some things you could do to **get back on track**?

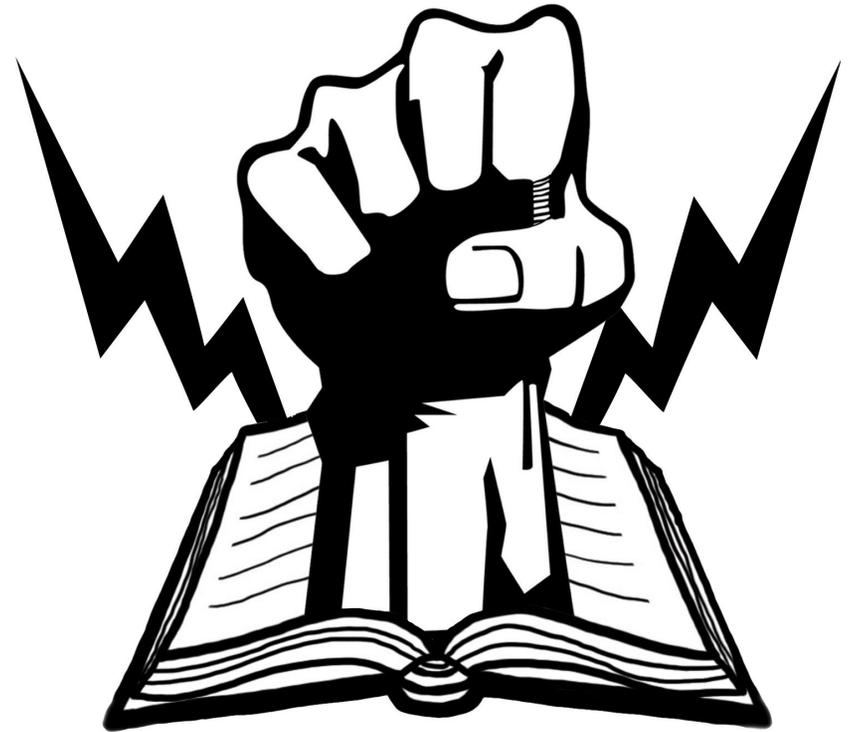
_ We can work hard on our own with no results, but one word from the Lord and the result is "abundance." What words are **you hearing from the Lord** about your life?

_ Jesus tells Peter three times to feed His lambs and sheep. If you love Jesus, who are the **sheep and lambs in your life** that He would want you to feed?

Prayer/Quote/Challenge/Principle

_ Peter did the worst thing possible, much worse than your sexual sin. **He denied even knowing the Lord three times**. If there was someone who had **sinned so bad** that they were beyond saving, it would have been Peter and yet **Jesus restored** and built the church on him. Jesus has seen your sexual sin and He still loves you (though He does hate the sin). **He wants to restore you** to the place and plan He has for you. All you have to do is ask for His help and keep asking, every day for the rest of your life. You can't get free of sexual sin on your own, but with the Lord's help, you can be free. Whoever the Son sets free, is free indeed. (Jn 8:36) Spend some time now proclaiming this truth over your life out loud!

Be Still, Reflect, Listen - 5 minutes with God



THE WORD

THE POWER TO CHANGE YOUR LIFE!

"Do not merely listen to the Word, and so deceive yourselves. Do what it says." -James 1:22

WEEK THREE- JOHN

Walking In The Spirit

Confess, Repent, Learn, Adjust

Weekly POWER Passage (Write out each day)

John 15:10 (NIV) If you obey my commands, you will remain in my love just as I have obeyed my Father's commands and remain in His love,

Read 15:1-27....Listen and Apply

Jesus often used agricultural examples because they lived in an agricultural society. It is quite possible that Jesus and the disciples were passing a vineyard when He told the parable of the vine and the branches. It would have been easy for the disciples to understand how important it is for the branches to stay connected to the vine. In our technological society, it's more difficult for us to grasp the meaning of these stories. Jesus is saying "**stay connected to Him,**" the Word (John 1). The disciples had Jesus in the flesh, but we have His complete Word in our printed and digital Bibles. Stay connected to Jesus by reading and studying the Word of God EVERY day. Write down **a time you can commit** to God each day now!

What happens to the branches that don't bear fruit in V2-4? How could this relate to your life? (It doesn't mean that you lose your salvation.)

Those who bear fruit are pruned. What are some ways that God has or is **pruning you**?

If you **remain in Jesus** (the Word), according to V5-8, what are 4 results?

Several times in John 15, Jesus references fruit. What are some examples of fruit or potential fruit in your life?

Prayer/Quote/Challenge/Principle

If you walk in the flesh through sexual sin, you will not bear the type of fruit Jesus is referencing in John 15. Rather, **you will bear the fruit of destruction** and death. Make the decision, right now, to get permanently connected to the vine (Jesus, the Word) and ask God to strengthen you to stay connected. Then **commit** to at least 15 minutes of studying scripture in the morning and another 15 minutes at night setting your mind on things above. Replace non-productive worldly activities, like television and surfing the internet, with more Word time. The more you connect to the vine, **the stronger you will get** enabling you to **achieve permanent freedom** from sexual sin. Pray hard about this now.

Be Still, Reflect, Listen - 5 minutes with God

Walking In The Spirit

Confess, Repent, Learn, Adjust

Weekly POWER Passage (Write out each day)

John 15:10 (NIV)

Read John 20:1-31....Listen and Apply

Jesus died and was placed in a tomb. Multiple times, He had told the disciples that He would be killed and **on the third day He would be raised**. They didn't understand, but **on the third day**, the disciples found the tomb open and Jesus was gone. They still didn't understand until He appeared to them, first Mary Magdalene and then the disciples and later to old doubting Thomas. He said **He would rise from the dead** and "He did!" What would you have been thinking?

When Jesus appeared to Mary Magdalene, she did not recognize Him. What are some times when you **didn't recognize Jesus** or **what Jesus was doing** in your life?

Jesus is referred to as the "Prince of Peace" and in V19, when He appears to the disciples, He says, "Peace be with you?" How could **you invite** the Prince of Peace to **bring peace into your life**?

In V29, Jesus says, "**Blessed** are those who have not seen and yet have believed." What did He mean by this?

Do you believe, with your whole heart, that **Jesus is the Messiah**, the Son of God, and that by believing, you may have eternal life in His name? How does **whole hearted** belief change you?

Prayer/Quote/Challenge/Principle

Jesus died for your sins and was resurrected so that you could have a new life; a life not controlled by the power of sin. Sin has no power over you **except** what you allow. Instead, you have power and authority over sin. So, **when sin tempts**, do what Jesus did in the wilderness (when Satan was tempting Him) and speak the Word of God (It is written...). **Memorize scriptures** so that you are ready for those sudden impulses. The **spoken Word of God** will chase away temptation every time. Commit now to put this into practice!!

Be Still, Reflect, Listen - 5 minutes with God



Walking In The Spirit

_ Confess, Repent, Learn, Adjust

Weekly POWER Passage (Write out each day)

_ John 15:10 (NIV)

Read John 19:1-42 ... Listen and Apply

_ As we read in chapter 19, it's strange to see that the same crowds that were spreading their coats on the ground, waving palm branches, **and praising the Messiah** a week earlier are now screaming for **Jesus to be crucified**. Jesus had done nothing wrong and yet He was flogged, mocked, condemned, and crucified. This was the Father's plan for Jesus. His purpose on earth was to be **the sacrificial lamb to redeem all sin for all time for all men**. On the cross, Jesus said, "I am thirsty", and for the first time HE was disconnected from the Father and HE said, "it is finished", as He completed His earthly purpose. Why would the Father put Jesus through this for a bunch of sinners who really don't appreciate HIM?

_ In V1-4, we see the Roman soldiers **mocking Jesus**. How have you mocked Jesus in your sexual sin? **The good news** is that **He's** already **forgiven you**. Just turn back to Him!

_ When Pilate claimed to have power over Jesus, He said in V11 that "there was no power over Him, except that given from above." Jesus removed Satan's power, so he has no power over you, except what "you" give him. How have you given Satan power in your life? How can you take it back?

_ Jesus was forced to carry His own cross. As His disciples, we are also told to **pick up our cross!** What does that mean to you in **your life**?

Prayer/Quote/Challenge/Principle

_ Jesus died a horrific death so that your sins could be redeemed and you could have a right and intimate relationship with God. The Son left the glories of heaven to take on flesh and die for you. **You no longer belong to yourself; you were bought** with the price of HIS one and only life. Make the decision today to stop crucifying Jesus over and over through sexual sin. Receive the "**free gift of grace**" and let the Holy Spirit set you free, for where the Spirit of the Lord is, there is freedom! Reflect on Gal 5:1 today! Let this sink deep!!

Be Still, Reflect, Listen - 5 minutes with God

Walking In The Spirit

_ Confess, Repent, Learn, Adjust

Weekly POWER Passage (Write out each day)

_ John 15:10 (NIV)

Read John 16:1-33... Listen and Apply

_ In V1, Jesus says that He told us all of what was said in John 15 so that we won't fall/stray away. The first key to not falling away is **staying in the Word** every day. The second, discussed in this chapter, is **the Holy Spirit** (Advocate, Spirit of Truth). This is the same Spirit that raised Jesus from the dead and He lives in you. If you allow Him, He will guide you into all truth. The Holy Spirit doesn't speak on His own, but only what He hears from Jesus, who is hearing from the Father. Jesus is telling the disciples about the coming of the Holy Spirit, but we have Him today. Through **the Word and the Holy Spirit**, you can gain freedom and peace. Do you believe it and are you living it?

_ Since you accepted Jesus, what are some ways you have fallen away and what could you be doing to come back to the **Lord**?

_ In V23 & 24, Jesus tells the disciples that they can have whatever they ask in His name. What does this mean to you and what should you be **asking** for in Jesus' name?

_ In V32, Jesus says that the disciples will all scatter and leave Him alone, but that, because the Father is with Him, He is never alone. Since the Father and Jesus are both with you, through the Holy Spirit, should you ever **feel lonely** or alone? Why and how?

_ Jesus' final words of chapter 16 assure us that living the Christian life will be filled with trouble yet **He has overcome the world**. What does this mean to you, in your current situation?

Prayer/Quote/Challenge/Principle

_ You have God (the Holy Spirit) living inside of you every moment of every day. He sees what you see and hears what you hear. He experiences everything you do with your body. **Make the decision today** to start glorifying God with what you see, hear, and do. When you feel tempted by the spirit of lust, ask the Holy Spirit to strengthen you and begin speaking the weekly power passage out loud. Continue to repeat it, until the temptation has passed. According to 2Cor 3:17, "**where the Spirit of the Lord is, there is freedom**." You have freedom from sexual sin living inside you. **Call on Him!**

Be Still, Reflect, Listen - 5 minutes with God



Walking In The Spirit

_ Confess, Repent, Learn, Adjust

Weekly POWER Passage (Write out each day)

_ John 15:10 (NIV)

Read John 17:1-26...Listen and Apply

_ In John 17, we experience a very **intimate conversation** between Jesus and the Father. This shows us a great example of the type of conversation we can have with Father God in prayer. In this conversation, Jesus says that we bring God glory by finishing the work He has given us here on earth. Just like Jesus, we each have a God-given mission on earth. Unfortunately, sexual sin (and sin of all type) **inhibits this plan**. It causes us to **feel unworthy** of God's love and unworthy of serving Him so we drift away. We see this in all of the disciples but particularly in Judas and Peter. The difference between the two was that Judas **chose** to die in his sin while Peter **chose** to live, repent, and serve. What are you choosing?

_ Throughout chapter 17, we see Jesus **fully submitted** to the Father. How could you more fully submit to the Father in your life?

_ In V16, Jesus says that both He and His disciples are **not of this world**. What does He mean by that and how does that affect how you live here on earth?

_ In V20-21, Jesus prayed that all those who believed in Him would be **one with** the Father as Jesus was. What does that mean?

_ In the last sentence of chapter 17, Jesus said that He had made **the Father** known to His disciples and because of that love, the **Father and Jesus** were in them. What does this mean? How should that change how you live?

Prayer/Quote/Challenge/Principle

_ As a born-again believer, you can speak with **Father God** in the same intimate way that Jesus did. Start each day by having a **conversation with the Father**. Ask Him to glorify you so that you can glorify Him. Ask Him to protect you from the temptations of the flesh and the evil one. Ask Him to **sanctify you by the truth of His Word**, that you might be one with the Father as are the Son and the Holy Spirit. Ask that you would not walk in the flesh, but would **walk in the Spirit**.

Be Still, Reflect, Listen - 5 minutes with God

Walking In The Spirit

_ Confess, Repent, Learn, Adjust

Weekly POWER Passage (Write out each day)

_ John 15:10 (NIV)

Read John 18:1-40 ...Listen and Apply

_ In the last chapter, we saw Jesus, the son of man, speaking with His Heavenly Father. In Chapter 18, we see the Son of God speaking. After asking the mob who they were seeking, they told Him, Jesus of Nazareth. He responds, "**I am he**", at which the crowd drew back and fell down. In that moment, they experienced the **Great I AM**. Peter, the rock upon whom Jesus would build His church, reacts in the flesh and cuts off a servant's ear. His reaction is often ours. We are in the presence of **the Great I AM** in the middle of our sexual sin. Through our sinful acting out, we are like Peter denying Jesus over and over and over. Yet, like Peter, **Jesus is always there to restore us**. In Matthew 16:15-19, what does Jesus say to Peter? How does this make you feel?

_ In V11, Jesus says, "Shall I not drink the cup the Father has given me?" What did He mean? How does His drinking that cup **affect your life**? EXPOUND!

_ We see Peter deny Jesus three times and then wonder how he could do that. Yet, **those active in sexual sin, do the same thing** regularly. How have you denied Jesus in your life? or What can you do to help prevent that in the future?

_ In V38, Pilate asks, "**What is truth?**" In the area of sexual sin, **what is truth?** List at least 5 things you know to be the "truth" about sexual sin.

Prayer/Quote/Challenge/Principle

_ **Every day** we have the **opportunity to deny Jesus** through sexual sin. The next time you are faced with sexual temptation, instead of saying, "I don't know Him", say "Praise Jesus" and keep saying it until the temptation is gone. **Jesus is worthy of knowing and praising Him**. Those praises will take you into His Heavenly Kingdom and into HIS presence, and lustful thoughts will flee! Praise Jesus! Praise Jesus! **Praise Jesus! Worship HIM now!!**

Be Still, Reflect, Listen - 5 minutes with God

