

Day #7

1 4

Walking In The Spirit

__ Confess, Repent, Learn, Adjust

Weekly POWER Passage (Write out each day)

__ Gal 5:13

Read Gal 6:1-18...Listen and Apply

__ Do you compare yourself or your situation to other peoples'? Put in your own words what V3-5 is trying to teach us?

__ How can you be an encouragement to those around you?

__ God says: The person who lives to please himself will reap _____! (V8)

God says: The person who lives to please the Spirit will reap _____!(V8)

__ What does it mean to "sow "to the FLESH? (V19-21 are examples of sowing to flesh)

__ Do your actions show that you believe the above "2" statements? (Don't just give the right answer, dig deep.) Why or why not?

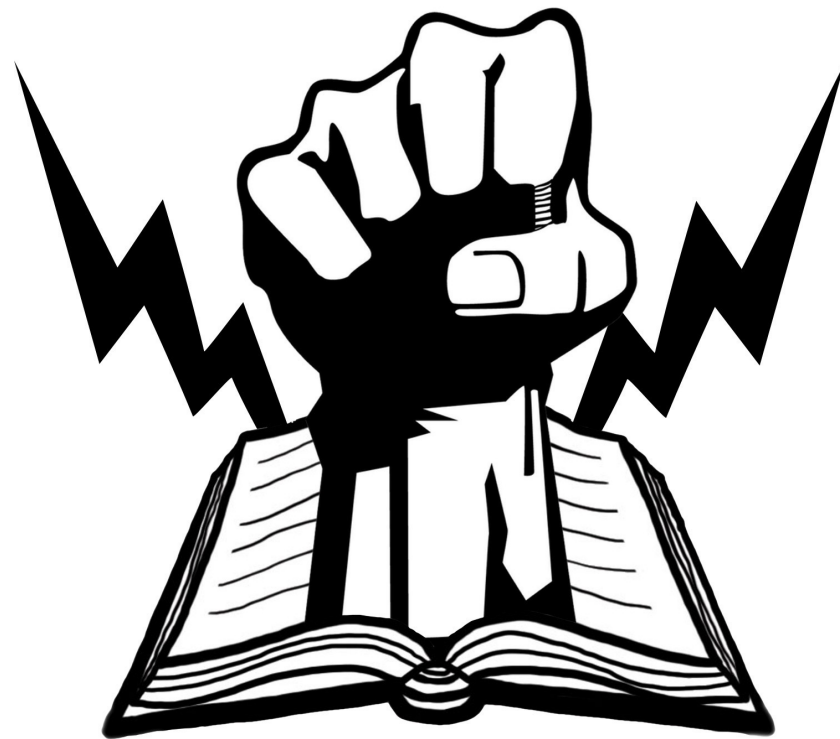
__ How should believing these truths change your life? Have they?

>>> **VERSE ALERT:** V10 POINTS US ONCE AGAIN TO ONE OF THE "MAROR REASONS" WE WERE CREATED: **OTHERS!** YOU WILL NOT FIND REAL FREEDOM UNTIL YOUR FOCUS MOVES FROM YOURSELF TO OTHERS. **IT'S A GOD FACT! <<<**

Prayer/Quote/Challenge/Principle

__ Read John 20:30-31. "**Belief**" is like a slippery fish; it can be hard to grasp at times! It feels like we believe but then our actions don't show it!. Someone said, "We believe in the sun even when we can't see it. We believe in love even though we are alone. So, do we believe in GOD even when HE is silent!" Albert Einstein said, "The more I study science, the more I believe in God!" It's amazing to me that we can believe in GOD and not do what HE says in order to have a full and complete life! That has to be why the man said to Jesus, " Yes I believe, but help my unbelief!" Make this your PRAYER this morning: "Lord, help any area that I'm lacking belief in." Your faith will grow as you read the Bible and see for yourself GOD'S character and how HE can be trusted with your life.....

Be Still, Reflect, Listen - 5 minutes with God



THE WORD

THE POWER TO CHANGE YOUR LIFE!

"Do not merely listen to the Word, and so deceive yourselves. Do what it says." -James 1:22

WEEK ONE - GALATIANS

Day #1

1 4

Walking In The Spirit

___ Confess, Repent, Learn, Adjust

Weekly POWER Passage (Write out each day)

___ Gal 2:20 I have been crucified with Christ and I no longer live, BUT Christ lives in ME.

Read Galatians 1:1-24.....Listen and Apply

___ The book of Galatians is one of Paul's 13 letters and was written with the purpose of clarifying that Jesus was all that a believer needed. He corrected the Jewish teachers who taught that Gentile believers didn't need to follow the Old Testament regulations such as circumcision. This book is referred to as "The Christian Declaration of Independence" and its main themes are 1) Freedom from sin; 2) Freedom from the law; 3) Freedom from man's doctrines! This is the Good News!

___ Read V10. If you have tried to get the approval of others, you may feel frustrated and often offended. What does Paul teach us about being a PEOPLE PLEASER in this verse? What does Paul say he couldn't be if he was trying to please people? Why? What can you learn from this and what will you do about it?

___ When did Paul get "called" by God to know HIM according to V15-16? (More verses on this: Ps139:13-16 & Jer 1:5) How does this affect you, when you think about how God "chose you" to be HIS child and had a plan for your life before you were even born?

___ Why has God chosen you out of all the people in the world? What makes you so special? He obviously chose you for a reason. What is it?

Prayer/Quote/Challenge/Principle

___ Eph 2:10 says we are God's workmanship, His handiwork, a masterpiece made with purpose and useful to the Master!! Think about this....David was not even a thought to the people around him to be the one to fight and defeat the giant, BUT GOD chose him! YOU ARE CHOSEN BY GOD. HE WANTED YOU!! HE HAS A PURPOSE FOR YOU!! HE is the only one you need to please! Let go of the lie that you need to perform for God's approval and focus on simply resting in GOD's love. You're not going to earn HIS love or approval by doing stuff because you already have his unconditional love. Find rest for your soul in this freedom!! HE loves you! HE LOVES you! HE LOVES YOU.....!

Be Still, Reflect, Listen - 5 minutes with God



Day #6

1 4

Walking In The Spirit

___ Confess, Repent, Learn, Adjust

Weekly POWER Passage (Write out each day)

___ Gal 5:13

Read Gal 5:16-26.....Listen and Apply

___ What does V16 say the answer is to stopping sin in your life? How do you do this?

___ Listed below are a few ways to "Live by the Holy Spirit."

>1. You must have a desire to be led by the SPIRIT:

>2. You must believe the Holy Spirit speaks to you:

>3. You must have a ready heart to obey, one day at a time:

>4. You will learn over time to discern between "your feelings" and "HIS directing:"

___ What do you think the results of living by the SPIRIT will be in your life?

___ What is the result of "Living by the Spirit" according to V22? Do you want to have these in your life more than you want what's listed in V19-21? Think about it.....!

Prayer/Quote/Challenge/Principle

___ We all have evil desires in us!! V24 tells us how we are to deal with these desires. We have a choice of what we will follow, either the desires of the Spirit or of the flesh. Those who choose to ignore or refuse to deal with the sins of the flesh show they don't understand God's love. Some of these sins are more culturally acceptable to us but not to God, such as: SELFISH AMBITION, HATRED, JEALOUSY, LYING (Rev 21:8), SLANDER, GETTING DRUNK (1Cor 5:21),....ETC. God knows these sins will destroy you and those around you. So, out of HIS love for you, He is warning you so you will stop and let Him help you (through the Holy Spirit) to remove them out of your life. Key: You will not be able to do this alone! Pray about this today and list "3" people below you can share with and get help to be a overcomer.

>1.

>2.

>3.

Be Still, Reflect, Listen - 5 minutes with God



Day #5

1 4

Walking In The Spirit

__ Confess, Repent, Learn, Adjust

Weekly POWER Passage (Write out each day)

__ Gal 5:13 Brothers, you were called to be free! But do not use your freedom to indulge the flesh, rather, serve one another in love.

Read Gal 5:1-15..... Listen and Apply

__ Why did Jesus die on the cross and break the power over the sin that enslaves us, according to V1? What does V13 say that YOUR CREATOR CALLED you to be?

__ What shouldn't you use your FREEDOM for in V13? Give a few examples of what this actually looks like in your life?

__ Instead of focusing on doing what you FEEEEEL LIKE doing, what does GOD say HE wants you to spend your time doing, according to V13?

>>> DICTIONARY DEFINITION OF **FREEDOM**: **The power or the right to act, speak, or think as one wants without hindrance or restraint.**

__ Why is the definition above so different from the FREEDOM GOD is talking about in our scripture passage today?

>>> Freedom to sin isn't real freedom, because it leads to enslavement and a selfish lifestyle. Freedom to serve on the other hand leads to joy and peace!!<<<

Prayer/Quote/Challenge/Principle

__ Are you a critical person? Do you typically notice what you don't like about someone or how they've handled something? Perhaps your wife? Coworkers? A Church service? Man, this is an area I've personally really struggled with. I am very opinionated in my flesh. I feel strongly on how things should be done, and normally, I feel my way is best! :] I can tell you from personal experience this CRITICALNESS will destroy you and your relationships. **It's got to die!** Read the Love Chapter in The Living Translation and ask God to help you LOVE OTHERS this way so you can keep WALKING FREE!

Summary: "Love is very patient and kind, never proud, never selfish. Love does not demand its own way. It is not irritable or touchy. It does not hold grudges when others do it wrong. If you love someone, you will be loyal to them no matter what the cost. You will always believe in them, expect the best of them. Love never fails!!"

THIS IS HOW WE ARE TO LOVE OTHERS, STARTING AT HOME!

Be Still, Reflect, Listen - 5 minutes with God



Day #2

1 4

Walking In The Spirit

__ Confess, Repent, Learn, Adjust

Weekly POWER Passage (Write out each day)

__ Gal 2:20

Read Gal 2:1-21... Listen and Apply

__ Write out V20 word for word:

__ What does this verse make you realize about how you're to live your life for Christ?

__ How do you apply this truth to your life?

__ How should it change you?

__ Has God laid anything else on your heart from today's reading?

Prayer/Quote/Challenge/Principle

__ This is your day to write out a prayer or challenge or quote. Ask God what HE wants you to do today? Really try to hear HIS direction!!

Be Still, Reflect, Listen - 5 minutes with God



Day #3

1 4

Walking In The Spirit

__ Confess, Repent, Learn, Adjust

Weekly POWER Passage (Write out each day)

__ Gal 2:20

Read Gal 3:1-29...Listen and Apply

__ I know I say this almost every week but this is a "key principle" for breaking free from sin that has bound you! V2 says you received the Spirit by believing in the Gospel of Jesus Christ but V3 asks a tough question! Are you trying to live out your life in the power of the SPIRIT or in the FLESH (your own human effort)??? Explain your answer.

__ According to V5 does God still work MIRACLES among us? Do you believe HE will do **miracles through you?** Why or why not?

__ Why does trying to live up to all of God's rules (the Law) lead us to Jesus in V24?? Put this in your own words!

__ The words "faith" and "belief" are commonly spoken of in this chapter today. What is the difference between them?

>>> Campus Crusade for Christ used this example to illustrate the difference between "faith and belief:" **BELIEF is believing that an object, like a chair, should support my weight if I sit in it. But FAITH is actually sitting in it!** <<<

Prayer/Quote/Challenge/Principle

__ Pastor Mark Martin once said he lived his life by FAITH on "4" ABSOLUTE TRUTHS and they are the "superstructure" THAT his life is built on!! What is your life built on? Write down where you are at with each of these "4" principles in your BELIEF SYSTEM? DO YOU LIVE WITH 100% FAITH IN THEM? Reflect on them now!

>1. **GOD IS GOOD** -

>2. **GOD HAS A PLAN** -

>3. **GOD IS IN CONTROL** -

>4. **GOD LOVES ME** -

Be Still, Reflect, Listen - 5 minutes with God

Day #4

1 4

Walking In The Spirit

__ Confess, Repent, Learn, Adjust

Weekly POWER Passage (Write out each day)

__ Gal 2:20

Read Gal 4:1-31.....Listen and Apply

__ Our "Identity in Christ" is one of the most important aspects of your life in CHRIST. What "3" TITLES does GOD give you in V7&9? Write next to each defining titles what they mean to you in your life and your walk with GOD?

>>1.

>>2.

>>3.

__ In V9, it tells us that the Galatians were returning to living by rules and that Jesus wasn't the main motive for their actions. V15 tells us they lost their JOY! Listed below are "4" reasons why LEGALISM WILL STEAL THE JOY OF YOUR FREEDOM IN CHRIST! Write down how you are doing in each of these areas below:

>1. It stresses "performance" OVER "relationship" -

>2. It stresses "where you fall short" OVER "how far you have come" -

>3. It produces "self-hatred" OVER "humility" -

>4. It produces "feelings of guilt" OVER "feelings of being loved"

Prayer/Quote/Challenge/Principle

__ The "slave women" in V21-23 represents living life in your own power, flesh, and man-made effort. The "free woman" represents living life by faith, through the Spirit, trusting in the promises of God. It's our choice how we choose to live. It's your choice how you live going forward. My famous quote, "A candle's identity is really seen best when it is on fire!" Your identity as a Christian can best be seen when you are lit up for Jesus, a light shining on hill. Don't hide it under the bushel of self centered living. Shine for Jesus. IT IS A CHOICE AND A LIFESTYLE. Think about it.....

Be Still, Reflect, Listen - 5 minutes with God

