Check in with God! (5 Minutes)

1 4

~Confess, repent, replace false beliefs with truth, connect.

Connection Passage - Genesis 9:12-17

~ "This is the sign of the covenant I am making between me and you and every living creature with you, a covenant for all generations to come. I have set my rainbow in the clouds, and it will be the sign of the covenant between me and the earth." Gen 9:12-13

~ There are many **memorials and signs** in the Bible that God gave us to remember certain events. The Lord's supper, the Rainbow, the Passover, the Sabbath, Manna in the Ark, and the "12" stones from the Jordon River. In Joshua 4:6-7, Joshua is explaining to the people that God had told him to build a **memorial** of STONES from the Jordan to be a **sign** to their children of how God miraculously parted the waters for them to enter the promise land. He says, "These stones are to be a **memorial** to the people of Israel <u>forever</u>." Remembering things God has done in your life is important to HIM.

<u>MISTAKES</u> - List the "3" greatest mistakes you made last year, what you learned from them, and how you will be different as you let God use them to change you. Then, don't repeat them & don't make a memorial of them.

> 1.

> 2.

> 3.

<u>A GOD MOMENT</u> - Write down a time last year that God interrupted your life to speak to you, reveal something to you, or direct you in a new way you should go. Perhaps He taught you something new. Think about it ...

<u>BUILD A MEMORIAL</u> - Get creative! Is there a way to build or buy something that will represent, symbolize, or remind you of your GOD MOMENT this year or one from the past that you want to memorialize forever! Write some ideas down.

The Challenge

~ Don't forget GOD. It's easy to say, "I won't," but it is hard not to because life can be extremely busy. If you're like me, I can say, "I will just miss one time this morning with God, but I won't miss tomorrow." But tomorrow comes and it seems like other stuff keeps popping up. Before you know it, I can be out of my routine or habit of meeting with God. What can you do to help you remember to put GOD first each day? Memorials? Signs?

<u>Cultivating a Relationship with Your Creator</u>

~ Reflect on this week and what God is trying to impress upon you ...

2019 GOALS "MAKING THE MOST OF LIFE"



Connecting with God

Stand in awe...

Check in with God! (5 Minutes)

4

1

~Confess, repent, replace false beliefs with truth, connect.

Connection Passages - Luke 1:37, Col 3:13-14

~ "NOTHING is impossible with God." Lk 1:37

~ "BEAR with each other and forgive whatever grievances you may have against one another. FORGIVE <u>as the Lord forgave you</u>. V14 And over all these virtues put on love, which binds them all together in perfect UNITY." Col 3:13-14

<u>RELATIONSHIPS</u> - Nothing is more important! They are key to your **J.O.Y.** What are the main changes you would like to make in your key relationships by the end of 2019? How will you do this?

> J ESUS -

> O THERS - (List them by name below)

> 1.

> 2.

> 3.

> 4.

> 5.

> Y OURSELF -

The Challenge

~ The challenge is to mend, heal, and see all your relationships restored. How people respond to your attempts to be reconciled is beyond your control. You must do your part and leave the other person in God's hands. Some people will not let go of their hurt and will not forgive. Your job is not to change them but to pray, love, and be patient with them. This is hard emotionally and will require Gods type of love for them. In the end you will finish your race with no regrets because you did the right thing! LOVE UNCONDITIONALLY!

Cultivating a Relationship with Your Creator

DAY 6

Check in with God! (5 Minutes)

4

1

~Confess, repent, replace false beliefs with truth, connect

Connection Passage - Psalm 119:11

~ "I have hidden your Word in my heart - that I may not sin against you."

<u>"6" SCRIPTURES TO IMPLEMENT</u> - List below "6" scriptures that you want to practice implementing in your life this year. If you have trouble finding some, ask others for some suggestions. Here's the first "3."

- > 1. Ephesians 5:3 I will work at not having a HINT of sexual immorality, or any kind of impurity, or greed, because these are improper for God's holy people.
- > 2. Ephesians 4:29 I will let no unwholesome word proceed from my mouth, but only such a word as is good for edification according to the need of the moment.
- > 3. Philippians 4:8 Whatever is true, whatever is noble, whatever is right, whatever is pure, whatever is lovely, whatever is admirable if anything is excellent or praised worthy I will think about such things.

> 4.

> 5.

> 6.

The Challenge

~ Write these scriptures above on 3x5 index cards and carry them with you wherever you go. Put them in your cell phone to pull up as needed. Work these verses into your mind and heart. Practice applying them consistently daily. These should change your life - forever!

Cultivating a Relationship with Your Creator

~ Ask God if he will help you hide HIS WORD in your heart so you won't sin against him...!

Check in with God! (5 Minutes)

1 4

~Confess, repent, replace false beliefs with truth, connect!!

Connection Passage - Philippians 1:6

 \sim "He who began a good work in you will carry it on to completion until the day of Christ Jesus." Phil $1:\!6$

<u>VCLi SEVEN AREAS OF LIFE</u> - God will be working with you to balance and improve these areas for the rest of your life. Circle where you are on the 1-10 scale for each area. Then, what <u>action steps</u> can you take to improve in them with GOD'S HELP. Only HE can make lasting changes in you from the inside out. Seek Him! Wise men still do:-

> 1. Spiritually - 1———5———10

> 2. Emotionally/Mentally - 1——— 5 ———10

> 3. Socially/Fellowship - 1——5——10

> 4. Physically - 1———5———10

> 5. Financially - 1——— 5———10

> 6. Maritally or Singleness - 1———5———10

If married, how are you handling your part. If single, how content are you in this season of life?

> 7. **Parentally** (Answer only if a Parent) - 1 ______ 5 _____ 10

The Challenge

~ It can be overwhelming to see how far short we are from where we want to be. YOU'RE NOT ALONE! We all have a long way to go when we get real with ourselves. If you don't think so, ask the people around you and they will help you see what you may need to be working on. The key is not to get discouraged, because change can be slow and hard. God tells Joshua 4X's to be strong and courageous and that He would never leave Him or forsake him. Never! Take these words to heart as you work on improving in these areas!!

<u>Cultivating a Relationship with Your Creator</u>

~ Ask God to share with you specifically "how much" He loves you just the way you are!

DAY 2

Check in with God! (5 Minutes)

4

1

~CONFESS, REPENT, REPLACE FALSE BELIEFS WITH TRUTH, CONNECT.

Connection Passage - 1Corinthians 6:19-20

~ "Do you not know that your body is a temple of the Holy Spirit, who is in you, whom you have received from God? You are not your own; you were BOUGHT at a price. Therefore HONOR God with YOUR BODY." 1Cor 6:19-20

<u>HABITS</u> - The word "habits" is not used in the Bible but it often talks about putting off and putting on certain behaviors, as in Col 3:5-14. Dealing with these behaviors in a way that is pleasing to GOD is one way to HONOR God with your body. What **new habits** would you like to develop and what **old habits** do you want to stop? Write down some "action steps" you can take to add or remove habits in your life..

> New Habits -

>> 1.

>> 2.

>> 3.

> Old Habits -

>> 1.

>> 2.

>> 3.

The Challenge

~ Its easy to make **New Year's Resolutions**, but it is much harder to keep them. The challenge is to carry out your plans to completion so that these new habits don't end up in the wastebasket of "**good intentions**." The best way to actually see these intentions become habits is to bring your "accountability team" into the process. Ask them to check in on how it's going until these habits become a part of your character permanently. It will require perseverance, determination, and God's grace and power to not give up until you see real life changes!

Cultivating a Relationship with Your Creator

 $\,\sim\,$ Ask God for HIS POWER to carry out your pursuit of $good\ habits....$

Check in with God! (5 Minutes)

1

~ Confess, repent, replace false beliefs with truth, connect.

Connection Passage - Proverbs 5:11-14

~ "At the end of your life you will groan, when your flesh and body are spent. You will say, 'How I hated discipline! How my heart spurned correction! I would not obey my teachers or listen to my instructors. I have come to the brink of utter ruin in the midst of the whole assembly."" (If you continue to live a life of sexual lust) Prov. 5:11-14

<u>YOUR FUNERAL</u> - The end of your life is coming! It is time to live in a way that leaves no regrets. What do you want people to remember about you after you have passed away? List "6" things **you want people to say** at your funeral someday.

> 1.

> 2.

> 3.

>4.

> 5.

> 6.

YOUR LIFE GOALS - What you listed above should become your life goals. They are what really matter to you and what you want to achieve. The big question is how will you get there. List below your thoughts on how you will accomplish these goals in your life.

> 1.

> 2.

> 3.

 ~ 4

> 5.

> 6.

The Challenge

~ Don't forget that these are your "LIFE GOALS." Place these in a location where you can refer to them often. Next, tell your accountability guys what you want do and how you plan to get there. Then pray like crazy!! Lord, Help! I need you to help me not forget why I'm here on this planet. I desire to represent you and reflect your love to my family and others. I want to be a man after your own heart. Show me the way. Teach me, God. Lead me and keep me on your lighted path... I love you and thank you for the "GIFT" of eternal life. I can never express my thankfulness in words. Amen

Cultivating a Relationship with Your Creator

~ Be still and listen to what God wants to say to you about today's devo. Shhhhh....

DAY 4

Check in with God! (5 Minutes)

4

~ Confess, repent, replace false beliefs with truth, connect.

Connection Passage - Psalm 40:3, Isaiah 43:18-19

~ "He put a new song in my mouth a hymn of praise to our GOD." Ps 40:3

~ "Forget the former things: do not dwell on the past. See, I am doing a new thing!" Is 43:18-19

<u>A NEW SCRIPTURE</u> - Ask the Lord to give you a "new" scripture to memorize for 2019. (A new scripture you don't already have memorized.) You may want to pull up a list of scriptures on a topic you want to address in your life. Read through them and see if one jumps off the page. That could be the new verse!?

>>

<u>A NEW SONG</u> - Scripture says God may want to put a new song in your heart? Ps 40:3 What is it? Pull up a list of top Christian hits and see if any appeal to you or google a theme you may want your new song to cover.

>>

A NEW BOOK -

>>

A WORD OR A PHRASE FOR THE YEAR -

>>

The Challenge

~ The Bible says in John 10:27, "My sheep listen to my voice; I know them, and they follow me." All through scripture people hear from God in order to know how to live and how to make decisions in their lives. Unfortunately many Christians today don't experience God in this way. I'm convinced everyone is hearing from God but many simply are not recognizing it as His voice. If this is you, find someone you know who you believe hears from God and ask them to spend time with you praying and seeking His voice, promptings, and leadings. I have watched many people learn to hear His voice. This can be a little different for everyone.

Cultivating a Relationship with Your Creator

~Practicing listening to God!! Be Still.....Ask Him questions...Then listen... closely!